We win
My story against the Multiple Sclerosis,
by Matteo Dall’Osso
These tips are from my studies, from my experience and from what I lived. Nevertheless, they can’t substitute the doctor’s opinion and they can’t be used without the direct medical check-up.

My English is so poor, so I hope you understand me, if not I’ll be really glad to answer to your questions in my forum: groups.google.it/group/matteodallosso-english.

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February 2009
... You know when you get old in life things get taken from you. That's, that's part of life. But, you only learn that when you start losing stuff. You find out that life is just a game of inches. So is football. Because in either game life or football the margin for error is so small. I mean one half step too late or too early you don't quite make it. One half second too slow or too fast and you don't quite catch it. The inches we need are everywhere around us. They are in every break of the game every minute, every second.

On this team, we fight for that inch. On this team, we tear ourselves and everyone around us to pieces for that inch. We CLAW with our finger nails for that inch. Cause we know when we add up all those inches that's going to make the fucking difference between WINNING and LOSING between LIVING and DYING.

I'll tell you this in any fight it is the guy who is willing to die who is going to win that inch. And I know if I am going to have any life anymore it is because, I am still willing to fight, and die for that inch because that is what LIVING is. The six inches in front of your face...

Any Given Sunday, speech by Al Pacino - directed by Oliver Stone.
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www.matteodallosso.org
Hi everyone...

My heart is full of tears and I'd like to reach all of you!

My name is Matteo Dall'Osso. When I was 19 I was diagnosed with Multiple Sclerosis. I've nearly had all the symptoms until the wheelchair. I found out the origin of my disease and now diplopia (double vision), skin sensibility of every part of my body, rigidity at my legs, coordination difficulties of my superior limbs, concentration problems, unbelievable tiredness, unexpected wee sensation, impossibility to move my inferior limbs, are all a bad memory.

Writing the book and carry out everything on my website is the only way to communicate it (at the end everything will be clear!).

In this site I'll try to explain you everything in simple manner, in a way you can know my truth! Splitting my private life made of emotions and feelings from technical-scientific reasons is so difficult, but I'll try...

I'm asking you to follow me in my life path. I'll tell you about:

• Everything about my life.
• My symptoms.
• My exams and respective explanations.
• The cure I've got.
• My present conditions.
• My advises, my considerations, my opinion.
• What my friends think of me, just to let you know me better...
• My thanks!

Finally in my web site you have the possibility to chat with me in a forum and you can ask me whatever you want!
First of all I'd like to tell you something about me, just to let you know who I am...
With all of my body enthusiasm, with tears full of joy, I'm asking you to follow me...
1. ABOUT ME!

Hi everyone!
My name is Matteo Dall’Osso. I'm 30, I was born on the 18th of may 1978. I've always been an happy and carefree kid. I practiced a lot of sports: swim, football, motorbike, martial arts. I've never stopped myself and my parents loved me more than their souls!

My passion has always been electronic and so I graduated high school as electronic and telecommunication technician (with 58/60 marks). After that I decided to attend the University and I took my degree in may 2003 (the oldest University in Europe).
I was 24 and I was graduated with 93/100. Could you imagine my happiness? The only one of my family who got a degree!!!

I worked on the master thesis with the best "minds" and thanks to this hard task I got a Marie Curie Europe fellowship (www.mariecurie.org) in order to work in Germany, in a research international centre (www.fzi.de/sim/eng/mitarbeiter.php).
Then I came back in Italy to sign a special Italian contract who let me allowed not to attend the military service, then I changed company twice, until today who I've been working as a system and hardware designer for company which is involved in train projects.
If you read until this you likely wonder: "What's strange"?

Well, here my true story begins...
In the 1997, when I was 19 and I was attending the last year of my high school, I had the first symptoms of really serious disease.
My problems began with my seeing: I saw everything twice.
Therefore I went to a lot of doctors and they said that the problem was not of my seeing and so I was visited by a neurologist. A little later I had other problems: no more skin sensibility, no more superior limb coordination, no more equilibrium, I couldn't also run.
All these problems came contemporarily or individually. They had only one common characteristic: they came without forewarn. In this time I was attending the University and for example after I passed a writing exam I couldn't pass the oral exam because I couldn’t coordinate my right hand in order to keep the chalk in my hand (one of a lot). Every time something happened I went to this doctor to let me cure. In the 1998 they diagnosed me that I had multiple sclerosis.
When these kind of symptoms were present, most of the time, the doctors cured me with infusions of cortisone.
Fortunately (or maybe for merit) I've never be rejected nether to a writing or to an oral exam.
Result: I got my electronic engineer degree when I was 24, even if I kept my health notices reserved and private.
Thanks to my hard thesis work (8 full time months) I had the opportunity to work like researcher in Germany.
Obviously I had a lot of fever, even because I didn't know how to speak a single word in German: luckily in this research center I could speak English, but when I reached Germany I had to attend a German course in order to talk with friends...
In 2002, so one year before going to Germany, I saw Report a program on the Italian TV (Rai3) where a journalist interviewed one German doctor who said that the amalgams in teeth could cause the same problems.
(Excuse me one second: thanks Report, thanks Milena Gabanelli, with all of my hearth, thanks!!! Everything started from you!)
After 4 months I was in Germany, reminding what this TV program Report explained about amalgam, I got in touch with this doctor.
I went to him who visited my mouth and explained me that these kind of fillings made of amalgam made worse my health conditions day by day (after you'll understand why!!!)
In 2 months he substituted the amalgams with ceramic fillings (also here I'll explain all the explanations) and he took me one devitalized tooth off.
Unbelievable: since that day I immediately felt so good. Therefore I thought that the amalgam fillings were the origin of my disease. I was wrong (after you'll understand why!!!)
After this experience I came back in Italy and I worked in Bologna for 2 years with a special Italian contract, as a product engineer designer... But passing of time really slowly the same problems came back. When I say "really slowly" I mean that day by day I couldn't notice anything but if I thought of my health conditions 3 months before I realized something was different.
I was convinced I was on the right way to understand what could cause my illness, but I've always stayed worst! I felt more and more tired, I feel dizziness, I couldn't walk fine. Therefore I took one “free” month from my work and I went back to Germany. I left alone by train and I'd like to let you notice that: I didn't see from my left eye, I didn't coordinate my left hand movements, I walked really bad, I lost my equilibrium, and so on... But I didn't tell the truth to anybody, even to my parents who were of course in deep depression.
I talked a lot with a doctor in their team. She suggested me to get some particular blood exams.
Result: I found out a lot of things even if the truth was still so far. Then thanks to a special person who I met after an infinite sufferance, which I'll describe in the next chapters, I could understand everything and transform my dreams in reality. Now I feel so good! Even when I was 17 I've never been so well! Now I'm describing and proving everything!

In order to simplify your reading all my personal and private notes will be underline using this style, that is with yellow background. I think it’s important that you can connect all the events which happened to me.

- Instead with this style you’ll find the summery with the main points of my story.

Let’s start describing my clinic history...
2. BEGINNING OF MY DISEASE

The first exams were the magnetic resonance (1997) and some months later the liquor exam, from which some oligoclonal bands were highlighted (you can find all my exams in the Annex). My neurologist, after about 1 year, told me I had the Multiple Sclerosis. I briefly report here all the problems I’ve initially had, the medical visits, the exams and the therapies I got.

04/1997: double vision, seeing double. Oculist visit, neurology visit, orthoptic visit.
05/1997: magnetic resonance, you can find this exam result as any other in the annex.
09/1997: lumbar puncture and 4 infusions of cortisone.
03/1998: little beating under my right eye.
07/1998: light tingling to my right hand fingers.
07/1998: tingling and sensibility lack of right part of the body, in particular to hand, arm, thorax and under my feet.
07/1998: force and right hand sensibility lack. 4 infusions of cortisone.
07/1998: right hand sensibility lack. 5 intramuscle punctures: Synacten.
11/1998: equilibrium lack. 15 intramuscular vials of Decatlon 1ml.
04/1999: my legs regained their sensibility.
07/1999: I started getting 2 Azatioprina pills per day.
08/1999: I increased getting 3 Azatioprina pills per day.

As I’ve already described, in 2003 I went to Germany and after four months living in Karlsruhe, I went to the German doctor who removed from me 4 amalgams and 1 devitalized tooth. In that moment he showed me that these 4 amalgams had each a different electrical conductivity and according to him depending on the food I ate my organism predisposed itself in different way and it got me more sensible to substances I ingested. In that occasion I didn't take specific exams, because with this money I could have all the request work. From the week later of the amalgam removal and the devitalized tooth I felt I was reborn. I had no more disturbs, only a little difficulty to run, but for the rest I had no more problems. Therefore I thought that it was the only reason for all (instead I was wrong). Notice that according what you will read later I believe that removing the amalgams without precautions could cause me serious complications, even until to the coma.

- In the 1997 I got the first symptoms of really serious disease.
- In the 1998 I had the multiple sclerosis diagnosis. Cortisone and Aziotiprina.
- In the 2003 I went to Germany and a doctor took me 4 amalgams off and 1 devitalized tooth. I felt I was reborn.
Here a new dramatic chapter begins.
I went back to Italy convinced I was solved the problem, but with the time, really really slowly I felt worst and I didn't understand why!
In particular in September 2005 I made some reconstruction works at home, using some solvents and paints. 2 months later walking, keeping my equilibrium, moving the left hand were so hard tasks and really fast my health conditions got worst!
I didn't went to make me tread with cortisone. In November 2005 I went back to Germany in order to make a special blood exam to understand if I had MCS disease (multiple chemical sensibility), a relatively new disease, if you desire I’ll talk it to you more in details. The results were comfortable. I had no MCS disease.
Therefore my questions were three:
- Why on me the amalgams caused me such pains, while to the other people nothing happened?
- Why when I removed them, I felt immediately better, but slowly I started feeling so bad again?
- For which reason I had so serious relapse?

I enacted a principle which is true in my field, that is the electronic: "the more one problem is repeated, the more it's easy to understand why and therefore fix it".

The problem was that I was managing my health!
Therefore I waited, waited, waited, until staying really bad (may 2006). And when I tell you really bad I mean that:
- After I walked for 20 meters I felt my legs were paralyzed (I felt them as 2 sticks).
- I couldn't coordinate my left hand anymore.
- I couldn't walk anymore.
- I saw double.
- I lost my equilibrium.
- Dizziness at any movement.
- I couldn’t keep wee.
- An unbelievable weariness at every movement.

I predisposed my working life in order to get one “free” month ... I left to Germany lying to my parents, who were in deep depression. In order not to let them feeling bad I said nothing, making nothing happen.
It was so hard carrying my bagagge, suitcase and all the other stuffs. I was completely alone! But I could speak quite well English and a little bit of German.
Here I got some exams from which I understood part of the truth.

Now I'd like to comment these exams with you and explain you the meaning of them.
## BASISCHECKUPS

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<th>Parameter</th>
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<th>Normbereich</th>
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<tr>
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<td>4,5 - 5,9</td>
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<td>Hämoglobinkonzentration</td>
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<td>14 - 17,5</td>
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<tr>
<td>Hb (MCH)</td>
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<td>28 - 33</td>
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<tr>
<td>MCV</td>
<td>88,7</td>
<td>80 - 98</td>
</tr>
<tr>
<td>Hämatokrit</td>
<td>41,7</td>
<td>36 - 48</td>
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<tr>
<td>MCHC</td>
<td>33,6</td>
<td>33 - 36</td>
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<tr>
<td>Thrombozyten</td>
<td>298</td>
<td>140 - 400</td>
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<tr>
<td>Leukozyten</td>
<td>9,6</td>
<td>4 - 10</td>
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<tr>
<td>MPV</td>
<td>10,5</td>
<td>7,8 - 11</td>
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<td>GOT (AST)</td>
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<tr>
<td>GPT (ALT)</td>
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<td>GGT</td>
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<td>Bilirubin</td>
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<td>ALK Phosphatase</td>
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<td>Kreatinin</td>
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<td>0,4 - 1,2</td>
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<tr>
<td>Harnstoff</td>
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<td>10 - 50</td>
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<tr>
<td>Cystatin C</td>
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<td>0,5 - 0,96</td>
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<tr>
<td>Ferritin</td>
<td>282</td>
<td>30 - 400</td>
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<tr>
<td>IgG (neph)</td>
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<td>700 - 1600</td>
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## HORMONE

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<tr>
<td>TSH</td>
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<tr>
<td>freies T3</td>
<td>3,5</td>
<td>2,0 - 4,4</td>
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<tr>
<td>freies T4</td>
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<td>0,8 - 1,8</td>
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<tr>
<td>Cortisol (5)</td>
<td>108</td>
<td>23 - 194</td>
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<tr>
<td>vormittag:</td>
<td>62 - 194 ng/ml</td>
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<tr>
<td>nachmittag:</td>
<td>23 - 119 ng/ml</td>
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<td>ACTH</td>
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## STOFFWECHSEL/KHK

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<td>Triglyceride</td>
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<td>HDL-Cholesterin</td>
<td>63,9</td>
<td>&gt; 45</td>
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<td>LDL-Cholesterin</td>
<td>98,0</td>
<td>&lt; 170</td>
</tr>
<tr>
<td>Harnsäure</td>
<td>5,5</td>
<td>2,0 - 7,0</td>
</tr>
<tr>
<td>Blutzucker nü</td>
<td>&lt; 35</td>
<td>&lt; 110</td>
</tr>
</tbody>
</table>

Validiert durch: [Website](www.matteodallosso.org)
The first abnormalities you can see are:

- Bilirubin. It’s too high for my constitution.
- TSH. This value indicates the thyroid hormone. It's too high. The German doctor said that it meant the liver worked less and therefore worst. For this reason I felt so tired.

But we have no showed yet the main reason of everything. Let’s go on...
- GSTT/GST-theta associated with GST-pl/GSTP. The same doctor told me that these combined values showed that my organism was polluted by some external substances.
- The vitamin D3 is completely missing. The doctor told me it could be a beginning of osteoporosis, likely due to the infusions of cortisone I've made before.

But we have no centered the main target yet. All these anomalies are due to another reason much more important, at the origin of everything.

- Glutatione S transferasi M1: missing. This exam showed that in my organism this allele of Glutatione gene is missing!

**Requirement n°1**: an allele is a part of a gene and this specific gene is made of 14 alleles.

**Requirement n°2**: the genes are transferred by the mother and the father 50% from each one. At every gene correspond an enzyme, at every enzyme correspond a function which is more or less marked. In my body this allele is missing, therefore the function associated to its is not carried out and, even if it's only a part of a gene, the associated chain to this enzyme cannot be completed.
Now the question is: which is the associated function to it?

**Requirement n°3:** the liver works with two phases.
- In the first one the liver transforms the food in water-soluble substances which circulate in the blood and carry the nutrition to all the body.
- In the second one instead the liver purifies the organism from all the poisons disabling them and removing them.

The Glutathione is responsible to these processes because it's indispensable for both the detoxification phases.

Don't having this allele, my body was not able to carry out this function in a complete way.

Instead what happened?

It happened that all the substances were not completely disabled by the liver included the mercury coming from the amalgams.

It explains a lot of things:
- it explains why the amalgams has been only a catalyze and it explains why to the other people it doesn’t cause any effect.
- it explains why I felt so bad only when I was 19 and not before: in fact dentists put me the amalgams when I was between 12 and 14.
- it explains why once I removed the amalgams following the right protocol, which I'll describe you later, I felt immediately better.
- and it also explains why my health conditions with time got worst; because when I removed my amalgams my organism wasn't saturated by "poison", until when I made really toxic works at home with paints/solvents and other poisons.

Imagine what it means solving all these problems!

The therapy was splitted in 2 parts:
- the first one was the ozonetherapy. Basically every day they extracted from me my blood, then they re-injected it plus ozone in gaseous state which was contained in a special syringe.
- the second one was divided every day. Basically it was made of infusions which contained different substances, one per day: Vitamin B + C, Alpha lipoic acid and Glutathione.

Do you remember how many problems I had before getting this therapy?

From the fourth night until the tenth, as I've already told you, I woke up crying of joy. Nearly no problem no more! Only 4 days. If it was not happened to me I'd never believe it!

The fourth day I walk so much that I felt bad to my muscles and my ankles. I was not trained anymore. The fifth day my brother came to visit me in Munich Germany and he didn't realize the difference between him and me.

In Germany they cured me in 10 days. **I spent a lot of money!** And even if I know he is a one of the best dentist..., he tricked me and I won’t forget it, if you ask me I'll tell you everything... just to let you know... But in that moment my happiness was too much, I only tell you that after the fourth night I **woke up crying** so much **joy** I felt.
Here I report the details of the benefits I got in these 10 days.

04/24/2006: no more dizziness.
04/25/2006: regained my left hand coordination and I had suddenly no wee sensation anymore.
04/26/2006: regained my equilibrium.
04/27/2006: the seeing was not a problem anymore.
04/28/2006: I walked for 2 hours without any break, then I had to stop me because my muscles and ankles gave me some pains.
04/29/2006: my left eye is completely opened. I walked all the afternoon.
04/30/2006: free day (I didn’t get any therapy)
05/01/2006: free day (ditto). In the afternoon I got some tiredness.
05/02/2006: the tiredness was disappeared.
05/03/2006 ... 05/05/2006: my health conditions got incredibly better! The only thing missing was the run.

- In autumn 2003 I came back in Italy, but slowly my health conditions got worst.
- In 2005 I made some domestic work using solvents and paints. My health conditions got worst much more faster.
- In the 2006 I went back to Germany. I got some exams and they cured me in 10 days (even this time I felt reborn). I found out that in my body a part of a Glutathione gene is missing, the main detoxificant / antioxidant factor of the body.
3. SECONDARY PROGRESSIVE MULTIPLE SCLEROSIS

I came back in Italy, I felt so good! I felt like I was another boy! No more tiredness, no more problems, no more anything, only little troubles to run, but I felt so fine. Clearly I went to my neurologist in Bologna and to my doctor to tell them my experience and how much I had needed the ozonotherapy and Glutathione infusions, but nobody heard me!

Everyone told me that it was normal that this kind of disease had high and low and they didn't believe me! Clearly they let me free to do, but nobody knows anything. Rather they told to me and to my father that ozonotherapy was even forbidden in Italy. It was not forbidden at all. Day by day I felt faster more and more tired, a tiredness that only you can understand. But now I knew this my gene lack and it was also clear a probable heavy metal poisoning even if I didn't know what the meaning was and above all nobody made me a specific exams. I wanted only to know, to understand and to know, but the doctors didn't know anything. I found a doctor in Bologna who tressed me with ozonotherapy and who believed at my story. Therefore I started this therapy with him and even if the day I was tressed with such infusion I felt euphoric, the day after I started getting the same problems. Always 100E per infusion and too much desperation! (Then I'll explain you why the ozonotherapy is now out-of-date!)

Contemporarily I started this new work as designer engineer in detection high speed train safety system, but my health condition got worst faster. This doctor was not prepared to cure heavy metal intoxication, but in that moment I thought it was the only possible way. Every week I made an intramuscular puncture of vitamin B12, too much painful!

I was more and more tired. Just to give you an example: as soon as I arrived at home from my work, I lied on my bed and I had no more power to wake me up even if I knew that staying lied in my room could only get worst my health conditions. In fact the walls were painted since few time, the parquet and the furniture, made by wood, had a strong smell of formaldehyde (it's necessary to conserve the wood): the toxicologist who worked for the German doctor team explained it to me. But I couldn’t lift up and when I succeeded I felt to much dizziness, but I continued to work, with a really indescribable efforts. Then my left hand and my right eye was hit. Always faster until when I couldn’t move my hand and see at right.

Walking was so harder and I was always more tired. I couldn’t keep my concentration and my mind got lost to find out the solution. Then these problems hit even my voice. I could talk with a big effort until I couldn't talk anymore! At this point I couldn’t do anything...

During the lunch break I called by mobile phone without headphone my ex-girlfriend because nobody believed me!

At work I looked at the electrical schemes only with my left eye and with my right hand I wrote.

My parents were clearly in crisis.
So I went to the hospital to make me admit. They hospitalized me, even because I couldn't walk anymore. With a big effort I could only make 7 steps, just to go to the bathroom. They treated me with 5 infusions of cortisone and even if I couldn't move the hand, see from one eye, I couldn’t talk and I couldn't walk, I wanted to know, I just wanted to know!

After these 5 days I came back home, but the problems remained and I still couldn’t walk, talk and move my left hand.

Therefore I wrote a blog (only with my right hand of course), with all my story ever since in order to try to talk with someone who could help me to understand.

Therefore I went to this hospital. They hospitalized me too and here I had all the possible exams, magnetic resonance, motor evoked potential with really worried results.

The resonance is in CD-ROM and here I report just a brief summary, you’ll find the complete version in annex and you can download it in my download page (www.matteodallosso.org/eng/?page_id=6). I don’t know if I translated it correctly, if it’s not, I’m so sorry, but I think the meaning is quite comprehensible. Of course if you think I have to correct it, send me the right translation by mail and I’ll publish it with your name under the text!

08/11/2006

... The exam has been compared with the previous one made in another location in 05/06/1997. As far as possible the comparison evaluation with the different technique between these two exams, today it's documented a bigger clear increase of the lesion load for the appearance of a lot new focal area with iperintesity in the sequences with long localized in bilateral hemisferic side, in both the posterior medium cerebral spaces with floor level of the IV ventricle, mesencephalic located, in the right cerebral space, at right talamo-capsulare, bilateral periventricolar and in both the semiovable centres. Basically the ventricular system dimension and the subaracnoidei spaces are the same. After a somministration of ev made of gadolinio, it's documented two lesions with nodular enhancement in temporal periventricolar site and in the left semiovable centre. Conclusion: the exams has documented a clear worst picture and the presence of two lesions with "activity" action.

The diagnosis was clear: secondary progressive multiple sclerosis.

They made me other 5 infusions of cortisone, but they didn't answer to my questions. After these 5 infusions I moved in another ward in order to start the physiotherapy. Just to give you an idea: they asked me to make equilibrium exercises at the horizontal sticks in order not to fall down when I got lost my equilibrium!

I could not stand in equilibrium on one leg for more than 10 seconds, I went up to the steps leaning on and I run without any kind of coordination and in order to digit the alphabetic letters on the keyboard with my left hand I spent more than 25 seconds and I succeeded it only with my thumb and with a big effort with my forefinger.

And my ex-girlfriend didn’t even come to visit me in the hospital. Then I found out that the father obliged her not to come: imagine my desperation!
The San Raffaele doctors, and I'd like to let you present between "the best" in the world, absolutely wanted to make me an immunosuppression infusion, in particular Mitoxantrone (it's an agent for chemotherapy used in case of multiple sclerosis with rapid and disabling progression). I had my ideas and even if I was alone, I didn't want to get any other infusions. I was able to take time. But on the 23rd of August 2006 six doctors with white shirt and with the San Raffaele head physician, came into my room and with my parents presence told me that I wasn’t compos mentis anymore and that my parents had the responsibility for all that I had never done and I didn't want to get. The words of this doctor, who was called "the king" from the other doctors, didn't give me one possibility. When I was alone with the doctor/researcher and with my parents the doctor told me that I won't ever recover any damage I had. That words are impressed and chiseled in my mind and I won't ever forget them.

Seeing my parent tears and hearing the words of my ex-girlfriend father I convinced myself that I was wrong. So I agreed to make me this infusion. The risks? They are remote, but they are. Which one? Sterility and cancer are the worst. The following days the same rehabilitation activities. But all the nights before falling asleep I went secretly down into the underworld, I accessed to a little room and I was able to navigate in Internet! I just wanted to know and to find out if I was wrong. So I knew a doctor, he is a really special person, who showed and proved me what I thought and taught me much more...

Well... Now a new chapter of my life begins.

- I came back in Italy and I tried to talk to the doctors about what happened to me in Germany, but nobody heard me even if they let me free to do.
- I found out a doctor who believed at my story, I started the ozonotherapy in Bologna, with scarce results.
- I felt myself always worst. My conditions got worst always faster.
- In May 2006 I started a new work. Faster my fatigue and my difficulties were always bigger.
- At the end of July I was admitted in Hospital, before in Bologna then in Milan. I couldn’t walk, move the left hand, I saw really bad and I couldn’t talk no more.
- Secondary progressive multiple sclerosis diagnosis.
- In total I got 10 infusions of cortisone and 1 of immunosuppression.
- Phisical rehabilitation and clearly visibile problems.
- Nobody answered me to my questions.
- In September 2006 I came back in Bologna. I met a doctor and special person. He taught and proved me that what I thought had a scientific based.
4. ME AGAINST EVERYONE

After one confinement month at the San Raffaele hospital I was discharged. How was I? Bad. I felt too much dizziness, I couldn't coordinate the movement of my left hand, I couldn't keep the equilibrium for more than 15 seconds on one leg, I couldn't walk well: I had to walk fast in order not to lose my equilibrium and fall down, but at the same time I couldn't run. I could see at the right side, but I saw double sideways. I was definitely pale.

When I was still in Milan I've already kept in touch with the doctor I met through internet. He works in Bologna and when I came back at city I got the first visit with him. He explained me how the unique exam to evaluate the real intoxication degree of heavy metal works. With passing time I studied it, even for personal experience. It's a differential urine exam before and after you've got an infusion which contains the chelating agents called EDTA. What does it mean? Simple:

- EDTA: it's a molecule which is useful to imprison ("to chelat") the heavy metals, disabling and expelling through the urine.
- Differential urine exam: before getting the infusion you collect an urine sample; then you get the chelating infusion and at the end you collect the second urine sample, both of them will be send to the analysis laboratory in order to measure the dosage.

The result shows some values before and after getting the chelating agent and therefore you understand for difference the intoxication level. Clearly the values in the post infusion urine are bigger, because the chelating agent has found out and imprisoned the hidden metals in the organs and in the cellular tissues. Instead a lot of you got the mineralogram exam, which determine the presence of heavy metal in your hair. I believe that this exam has not meaningful, because if you have the same genetic or enzyme Glutathione lack, like I have, your body can't expel the metal from your body, even through the hair. Some friends of mine, with MS diagnosis, got this mineralogram exam (50E) and immediately later the urine differential exam, I described you previously, and they got really different results! All my exams are explained in the chapter and you can download them always here (www.matteodallosso.org/eng/?page_id=6).

My advice is to distrust of doctors who advice the mineralogram exam (and they are the major part) and even to distrust of doctors who tell you your intoxication degree just with an only urine sample without getting the chelating infusion. In fact every person I know, who has got this exam, has obtained different results after the infusion, it’s an indicator of a nonlinearity and so not predictable.

At work I pretended nothing happened.
A week after my discharge from the hospital, my girlfriend who since 5 years prayed me not to leave her, because she loved me so much, left me alone. Hard, so hard! At work too! When we had lunch break I had to go down the stairs of my floor: I had to lean on the railing and it was not easy. The concentration was really low, but I didn't drop by the wayside and I was able to do whatever my bosses asked me.
The difficulties and the weariness were gigantic!
4.1 EDTA (ethylenediaminetetraacetic acid)

I'm telling you more: the EDTA is a molecule with a heavy metal affinity degree and it's selective. What does it mean? It means that once you've got the infusion and therefore you've got the EDTA inner circle, it attaches before with some metals and then, when they are decreased, this EDTA attaches other metals with minor affinity.

This is the order in which the main heavy metals are attached: Aluminium, Cadmi, Lead, Mercury. This means that when you get this exam it will indicate a really high aluminium rate, but the cadmi, Lead and mercury rate are lower. That doesn't mean you have no these metals, it just means that at the first infusion the EDTA has attached initially with the most affinity metal carrying it in the urine.

Do you want an example? My case: at the first infusion the aluminium was 4 times the "maximum threshold" and the other heavy metals lower. But at the 10th infusion the level of Aluminium was decreased a lot, but the Lead became 3 times the previously value. At the 19th infusion the Lead was decreased and even if the aluminium became higher (later I'll explain you why), the mercury level was higher.

After this little introduction of how the detoxification works, we go back to my story... Exactly the day after or two days after getting such infusion a little miracle happened.

Here I report briefly the results of the first three EDTA infusions I got, you can find the complete result in the next chapters... Keep the order. Wonderful. Incredible. An indescribable emotion.

- September 14, 2006 (with urine exam): dizziness has stopped, before I had it even when I was sat.
- October 5, 2006: I can move the left hand better, above all on the keyboard. I've began to step up the stairs without leaning on anymore. I regained the 60% of my equilibrium.
- October 19, 2006: left hand is almost perfect. Now I can write without seeing the keyboard.

Let's talk again about my story... In two months from September to October I got 3 infusions and I was definitely re-born. Even if I had a lot of serious problems yet, I knew to be on the right way. But the 31st of October were coming, day in which I had to get the second immunosuppression infusion. I didn't want to get it at all.

I communicated it to my parents and they, who were still scared from the “head” physician words and that is I wasn’t comos mentis, went to the Carabinieri (local military police) in order to denounce me for mental infirmity. In other words I had to present myself in front of the local military police of my district with my parents and my brother next to me. They intimated to denounce me if I didn’t get the infusion.

Could you understand me? The local military police: Carabinieri!.

I was obliged to get it and even if a part of me died that day, another one, even more determinate and fighting was born.
From the day after I was looking for a rent home. Obviously I had no money, even because I’ve already spent a lot of them for my health (all money that I earned until that moment working). But I had still my work! I found the home. I signed the contract and from that moment my days had no break no more. **And I was alone!** I woke me up soon in order to start working soon. I went out soon and then I went into my new home to paint (this time with biologic paints), to furnish, to mount the new furniture and to setup them. In the evening I came back at my parents home and I pretended nothing happened. At half November, even if my new home was not ultimated, I went out from my parent’s home. Just imagine the desperation of my parents and of my family.

I started living alone.

In February 2007 I got another magnetic resonance. It's not easy to understand if the result is positive or negative: you can read "It seems to be recognizable“ and also "No collateral problems". This was just an extract, the complete version is in the annex. I hope you can understand my translation, if not you can also download it, always in the same page [www.matteodallosso.org/eng/?page_id=6](http://www.matteodallosso.org/eng/?page_id=6).

02/14/07
*Comparing with previously control a lesion hotbed seems to be present.*
*It seems to be recognizable corresponding the right medium space cerebral. Active lesions are not present. No collateral problem.*

- When I came back at Bologna, my difficulties were gigantic. I started working again.
- I met a really special doctor and I started discovering what “heavy metal intoxication” means.
- I found out what EDTA is and I got the differential urine exam in order to find out my intoxication degree.
- I got 3 infusions and my health conditions were getting better a lot.
- I told to my parents that I didn’t want to get immunosoppresion infusion anymore, but still scared about the words of the “head” physician and that is I wasn’t compos mentis.
- I was obliged to go to the Carabinieri (local military police) because my parents wanted to denounce me for mental infirmity.

Nobody heard me and after 2 months from the second immunosuppression infusion, the time for the third infusion was coming. I was determined not to get it and I communicated it to the San Raffaele doctors. I did it by email. I censor their names because I have nothing against them, I well know that they work with good faith, only to let you know what I've handled and lived.

In order not to weigh down your lecture I report just an extract with the most important sentences. You can find every complete email in the annex. The original emails were written in Italian, I hope to have translated them in correct way, but if you would like to correct something, I’ll be glad to modified it, writing your name under the text! Just send me an email!
In this email I declare to San Raffaele doctors my intention not to go on with Mitoxantrone therapy.

**From me to dott. [REDACTED]  Jan 5, 2007 1:14 PM**

"... it’s my precise intention not to keep going such cure... My body was really strong intoxicated from heavy metals and I know well that they are not at the origin of plaques, but after being detoxificated (and other 3 months miss), I resumed to do a lot of things which before were only a dream! For example: I write on the keyboard WITHOUT seeing the buttons, I don’t loose my equilibrium anymore, I feel I’m physically reborn and these changes exactly the day after I’ve got the EDTA infusion, which I have to get once every 2 weeks as protocol ...

... I know that in this moment I’m renouncing at an “occasion” or at an “opportunity”, but I prey you to believe me when I tell you that it’s not my UNMOTIVATED choice and I know you would make EVERYTHING in order to let sick people stay well. I feel only this is not my way ... “
The doctor/researcher expresses his opinion on my choice letting me notice that only two infusions matter little in a long period.

From dott. [REDACTED] to me Jan 9, 2007 1:38 PM

“ You’re obviously free to do whatever you want of your body and of your disease ...
... I have nothing against EDTA and in fact I won’t tell anything against your choice to do it, but you don’t carry out one argument, only one argument, to suspend the Mitoxantrone cycle...
... Couldn’t simply get both of them? Moreover it will be finished, you can’t get more than tenth cycle. On the contrary, the efficacy of only two cycles is really, too limited on long period. Therefore you got the dumbed to start, taking the risks (in reality low) and not the benefits...
... You renounce at a therapy which is effective proved (it means that in a check study, hundred of patients has shown benefits if compared with not checked patients) and you do it without adducing any reason, have courage to tell it to you. Maybe you like being out of the schemes, maybe you think if you cure yourself in an anomalous way even your disease will be anomalous. The magnetic resonance on the 14th won’t show any surprise, the Mitox will have switched off what was active, if it was. But the lesion load will be the same and every switched off lesion will work in the shadow generating a new degeneration. Don’t thanks me when you are back in ten years asking for further cures, treated really badlier than today, I won’t be glad at all and I will regret not to found the right words to let you get the little sure things, not miracolouses but with sure effect.
You think to be right but you are a foolish, Matteo, I’m sorry but that’s my opinion. A nice foolish but foolish. At least do the physioterapy, do it as much as you can, play less with computer and in the virtual reality, go out to live the real life, and who knows that a gumption woman let you put your feet on the floor. Now I have to tell you the last thing, really serious. Do all the advertising you want about EDTA, but don’t disappoint me to find out that you dispense suggestion to others against the therapy of the scientific medicine. There are too many people who have MS and they have really no instruments, even only cultural, to make fully aware choices. You are free to close your balls in a drawer, if you like it, don’t get the Mitox, to cure or not to cure yourself as you want, but you can’t extrapolate to others your experience, even not compared with who saw thousand cases. Even yours, in a lot of directions, it is an already seen movie. However I’d like if you could surprise me changing idea, privilege which is only in the smart people and with sufficient intellective humility.
An embrice,
In this email I try again to explain my reasons and my doubts.

From me to dott... Jan 9, 2007 4:04 PM

“...What motivates me not to believe in “you” anymore it’s that only after 3 infusions of EDTA (no side effects, made official by minister of health) I resumed to do ALL the things I made before. I walk without loosing my equilibrium, I see well, I move the left hand again. And for what? Why didn’t you get me these exams at SR? I spent there 1 month?!

I felt all these effects, which are not a miraculous, the day after! I went to work and after 20 minutes I realized that I lived nightmare and I was writing with 2 hands without seeing.

... In your opinion what I described you is not important for the life quality? And now how I can trust in who for 1 mounth didn’t listen to me?

- You renounce at a therapy which is effective proved (it means that in a check study, hundred of patients has shown benefits if compared with not checked patients) and you do it without adducing any reason, have courage to tell it to you.

"This procedure effective proved" gave me some “interruptions” to my heart. What does it mean? It means that suddenly after getting the Mitox infusion I felt that for a second my heart stopped beating (and this until two weeks after) all two times. Difficult sensation to describe. Now this sensation is gone and it doesn’t happen again (2 monthes are gone from the last one). And then I think: and if at the end I get 10 of them?...

... And I prey you not to believe they are ONLY suggestions of an "adolescent kid", because it's NOT like that. My work carries me to be more cynic and pragmatic and NOBODY is more clear-headed than me in this moment...

... Do you remember what my conditions were, don’t you? I couldn’t walk, I couldn’t move the hand, I couldn’t see at right.

And then how I can ignore my sensations, the one who motivated me to find out one of few serious doctor, who works not for money and who knows a lot about EDTA (because the 99% of doctors are wrong when they use it), who DOESN'T ABSOLUTELY tell me not to get Mitox, he just asked me to do what I felt. And the other guys (OBVIUOUSLY WITHOUT giving up the official medicine) got the same exams which I got. Result? We were all intoxicated from Aluminium (who 3 times the maximum limit, who 5 times), some traces of Mercury and a little of Lead, nearly nothing Cadmi (even if the sigarettes inhibit my breath).

And all of them got the same benefic effects that I got. And so am I the only one? ...

... I'd like to talk with you about all the rest of things (REALLY IMPORTANT!), but in reality I'm "a little bit tired" not to be heard and so I start answering in evasive way, as in my previous email..."
In this answer the doctor/researcher shows his “doubts”.

From dott. [REDACTED] to me  
PM  

Jan 9, 2007 5:16 PM

“...You won’t succeed to let me tell you something against EDTA (W EDTA if it lets you stay well!). I have my idea, therefore I think your motivations for the suspension are insubstantial and they are the result of an opposite attitude. In few words, you have prejudice. Maybe it’s due to the head physician who is without sensibility... [REDACTED] is a great man and he doesn’t deserve to be get rid of that. Anyway my decision is not the challenge. I don’t know what you have to prove and to who, but I just know that for my experience you’re going to pay it, as you’ve already paid and I’m disappointed...”
Instead here I show him again my human and scientific reasons.

From me to dott. — Jan 10, 2007 10:40 AM

“...Sometimes I wonder what the SR doctors are looking for? A way to understand what the disease origin is (and maybe it will be an unsolved problem for all your life), or the less invasive way to help people like me?...

... How can I not to think that if I was not me now I can't move my hand, can't dance in the club, can't stopped dizziness. And the SR doctors plays with our fears, as "the king", who has exploited my disease to let be trusted by my parents.

I've got the first Mitox infusion because I had no alternatives. Do you remember "the king" words, because I DON'T forget them: "Or you get so or this is the door and the doctors won't ever be interested in him".

And which kind of impact can be a sentence like that on 2 parents who has no way to understand. I'll tell you.

After the first Mitox infusion I've been off for one week, apart hearth problem. Physically I was definitely down! I've got 3 blood exams. They are not lethal, but the thought to go to check something which is made on the trust of people who didn't try ALL the ways before engraving so much in the life is REAL strong. Then you reborn after 3 EDTA infusions, REBORN, and I repeat, after 3!

And then you decide not to get Mitox anymore. Decide not to get the second Mitox infusion and your parents go to the Carabinieri (local military police) to denounce me as "mind insane".

And then in order not to give this displeasure to the people who gave you all their possible love, you decide to get the second Mitox infusion, even because you have been living under THEIR roof!

And the routin is repeated. KO week, heart and blood exams.

... Go living alone! Then the day you have to get the third Mitox infusion comes.

What had I to do? If not the choice I've ever made? And the question is: if instead 10 Cortisone infusions and 2 Mitox infusions I immediately got the EDTA? Maybe I could avoid the 2 Mitox infusion...

I've been gone nearly 10 years with Multiple Sclerosis and I'd like to "challenge" you to tell me "which accumulate disabilities" I got. For the moment Mitox is enough! I'm nice foolish, but I'm lucky not to be scared of the disease, which has been living with me since 10 years...

... Obviously I didn't get rid of , reading in his heart I read the same passion I read in yours and I pray you to let him read my emails too.

But even in my heart there is a passion and an EXTRAORDINARY willing of life and of winning.

...

- I don't know what you have to prove and to who, but I just know that for my experience you're going to pay it, as you've already paid and I'm disapointed.

I answer you with your affirmation: "Prove me that you get something different from a sensation! Otherwise yours is a comfortable position of who enunciates something which is unprovable and therefore incontrovertible."

In any case I'll pay it, I choose the one which gets me well now.

I choose to stay well today, hoping staying well even tomorrow...”
Here his doctor colleague, who cured me, shows his doubts telling to me clearly that if I felt better it was only thanks to Mitoxantrone infusions.

**From dott. [Redacted] to me**

Jan 10, 2007 2:32 PM

"Dear Matteo,

I answer you too considering that [Redacted] let me know about this corrispondance.

I'm embittered because I thought the words of two serious people like [Redacted] and me could let you help to understand, even if not convinced, about your health.

I'm also worried for your health because you cannot effort to waste time and to get the cure in late which is fondamental, holding your present clinical condition.

The alternative cures, which you're getting, can be absolutely a subjective benefit, but THERE IS NO ANY SCIENTIFICAL DIMONSTRATION WHICH RETARDS THE DISEASE PROGRESSION OR WHICH SWITCHED OFF THE INFLAME ACTIVITIES(*). The magnetic resonance of the brain, which you'll get, if not showing activity lesion, it will be only thanks to 2 Mitoxantrone cycles which some wise people suggested to you...

... I would like to allow myself to tell you that me and even [Redacted], who I know really well, are, from a human point of view, every day confronting with a lot of questions and we effort critical difficulties to suggest painful therapy to patients like you. If we did it, it's because it's absolutely necessary.

I end wishing you a good luck. Doctor-patient has to trust each other and in our case it's not like that anymore.

[Redacted]

(* Personal note: see “Elevated urinary excretion of aluminium and iron in multiple sclerosis”, Keele University **17 February 2006**
Now my answer become even more resolved, but at the same time it’s still opened.
In appendix you will find the attachment I mention in this email.

From Me to dott
Jan 12, 2007 8:43 AM

Dear

thanks being so explicit in the email and I’m sorry for the "late" of my answer, I reflected a lot...

... The truth is that we think different, both of the disease origin, on the course and on the cure. Therefore I need time to reflect and you were REALLY right to be so explicit with me. I know well that you and love me and YOU CAN’T IMAGINE HOW MUCH I LOVE YOU!

But at the moment I "need" time. That’s all.

And in any way I can’t not to ascertain "your" absolutely "close mind" (clearly I don’t refer to you directly!). As much as it appears, you don’t close every open door to EDTA, but only not to interrupt your cure.

I perfectly remember the words of the doctor, which is considered from a person who cure with science and conscience: "Don't worry, you'll be tread for what you have".

And I can’t not to ascertain that it was NOT like that or at least in complete way. And luckily I thought by myself.

And then if I think again to your director words, my nearly certs about "your" closing mind become nearly reality, I don’t speak about you directly!

Considering that you don’t believe to what international important Doctors said I would like to suggest you to chat or to visit the Prof website, who is CNR researcher from Padova about neurologic damages from Aluminium. And you didn’t reply to me about "my right" question why you DIDN'T GET ME an exam to know my metal dosage during a month I spent in hospytal. The toxic metals definition doesn't leave any interpretation of their potential dangerousity!! I got other opinions from other people in international field and for this reason I’m confused. Aside from the love which we feel each other luckily I followed their suggestions, but above all my instict.

Even if I agree with that the therapy can be simply complementary. I don’t know what to think, which pain is the lowest.

I recognize that between 2 Mitox infusions (which I've willy-nilly already got) or getting 3 it WON'T change so much, or at least I think. But then certainly going on it will change!

Therefore I’m hypothesizing to get the third and LAST Mitox infusion, ONLY FOR THE LOVE YOU WANT ME!

I cannot before Thursday to be free.

... Could you let me know if it is possible on Thursday. I'm not 100% sure to do it, maybe from today until Thursday I'll change my idea. I don't know. I'm confused. And confusion generates fear. And it's a FEAR I REALLY CAN'T describe...

... REALLY THANKS!

Matteo

PS: this is just a paper I read on the web. How cannot I give it the right importance, after what I've lived?
This is the last email of the doctor. At the end I decided not to go on with Mitoxantrone therapy.

From dott. [Redacted] to me    Jan 12, 2007 2:21 PM

Dear Matteo,

I talked to the nurse [Redacted], who said to me to contact her dialling the number you already know [Redacted] in order to arrange a new appointment for the Mitoxantrone therapy.
No comment, just imagine what I've lived...
But from now the most wonderful story begins, more amazing, and more ... I can't find the right words to describe it! The biggest emotion!

Therefore I started living alone. I had to manage the home, the work and the health. With my parents I cut off the relationship, I mean I didn’t talk to them anymore. Clearly I loved them so much, but it was the only way to “take out” from them. I was so disappointed to let them stay so bad, because they loved and love me so much, but I had no choice.
At the beginning I was so “cold” with them, but one year after I resumed slowly our relationship. Until now: I go very often to visit them, to eat, laugh and spend time together.

- The day of the third immunosopression infusion was coming and I communicated my decision not to prolong such a cure to the San Raffaele doctors by email.
- In this email correspondence I repeated again my motivations why I didn't want to prolong the immunosospresion infusion.
- The San Raffaele doctors thought that the profit I’ve had was a merit only and exclusively to the Mitoxantron infusion continuing not to hear me.
- I didn’t went to the third infusion.
5. MY RENAISSANCE (the first discovery)

I've always been better. What was I getting? Really simple things, without and I repeat without making particular physical activity: I'm for the *not-fatigue!* :-) I learned some of them when I was in the hospital from some other suffering people, others from the way I crossed: all these things are described down here:

- Ultrathione 1000 pills, really important, CellFood I'll describe it to you later…
- “My Budwig breakfast”, from the Kousmine diet.
- Negative ionizer always switched on in my room with Hepa air purifiers switched on only during the night.
- Some other little advices.

Even if, once I came home from my work, I was completely alone, days were passing fast. I’ve always been better... So much that I started writing a blog where I described all my “adventures” during the week, in manner that I had a diary with images and movies. I wrote it in english because I wanted to inform all my friends around the world how I felt good later I informed them how much 6 months before I was sick with my previous blog, blog.matteodallosso.org

Just to give you an example: 2 days after I got the third infusion (and then I'll explain you why at least 2 days are necessary) just after I switched on my company pc, I realized I was writing an email to my dear friend in California without and I repeat without seeing the buttons on the keyboard. It was an indescribable emotion! I even started rock-climbing. Me... to rock-climb! On the mountain wall! Me! I couldn’t keep in equilibrium for 10 seconds on my foot, I couldn’t coordinate the left hand movement! It happened to me! I rock-climbed on the steep incline free surface in mountain and without making exercises before! In may with a really close Russian friend of mine who is physical and chemical researcher that I met when I lived and worked in Germany, I went to Valencia in order to have a party for my 29th birthday! Obviously low-cost fly and hostel... I remember that an evening, after we ate paella from Valencia and drank litres of Sangria, he explained me the difference between the fiction and fusion nuclear. I walked at least 10 km per day and I was no tired! I even restarted running!
Here you can find a summary of health trend:

- September 14, 2006 (with urine exam): dizziness has stopped. Before it turned even when I was sit. The exam result was Aluminium **79 mcg/l** (maximum reference value 20mcg/l), Lead **20mcg/gcreat** (maximum reference value 150mcg/gcreat), Mercury **12mcg/gcreat** (maximum reference value 35mcg/gcreat), Cadmi **really low**.

- October 5, 2006: I can move the left hand better, above all on the keyboard. I've began to step up the stairs without leaning on anymore. I regained again my 60% of equilibrium.

- October 19, 2006: left hand is almost perfect. Now I can write without seeing the keyboard.

- November 9, 2006: all the symptoms are getting better, in particular tiredness, go up the stairs, the hand. I absolutely don’t feel dizziness anymore.

- November 23, 2006: see on top, but everything better.

- December 7, 2006: see on top, but everything better.

- December 22, 2006: see on top, but everything better.

- January 12, 2007: I've noticed that left hand has nearly not shaking anymore.

- January 26, 2007: hand problems just perceptible, a little shaking in the evening when I'm tired, and the run without problems is still missing.

- January 9, 2007 (with new exams): I ride by bike for 25/30Km, above all at the beginning I could drive without hands. The hand is really nearly perfect. The exam result was Aluminium **15 mcg/l** (maximum reference value 20mcg/l), Lead **64mcg/gcreat** (maximum reference value 150mcg/gcreat), Mercury **10mcg/gcreat** (maximum reference value 35mcg/gcreat) (I've already got 10 infusions)

- (February 14, 2007: second magnetic resonance in Milan)


- March 8, 2007: a little bit hand trembles only when I'm tired or under pressure. I drove the GPZ Kawasaki... I've got the optical field exam: nearly perfect.

- March 22, 2007: everything better... On Monday (04/09) I went even to rock climb. I kept well for 3 weeks without infusion, even if I had a light low on the 12nd April.

- April 13rd, 2007: it’s difficult to find a not solved problem on my health. Maybe just the run, but it's more probable that I'm not sufficient trained. Motorbike, rock climb, I'm back to everything!

- May 4th, 2007: I have no problems, anymore.

- May 25th, 2007: I could say I've no more problem no more. I can participate to demonstrations, live shows... and so on...

- June 15th, 2007: I have no more problems.

- (July 4th, 2007: I've finished the last pill of Ulthratione 500. I've finished 4 boxes of Ultrathione 1000 and 2 boxes of Glutatione 500).

- (July 5th, 2007: I've started getting 3 Cellfood drops at breakfast and at lunch).

- July 6th, 2007: I have no more problems, rather now only few hours sleeping are necessary to feel me completely rest (6 hours per night). Today July 19th and since one week I've been getting 8 Cellfood drops at breakfast and at lunch. I'm back to run again!
• July 20, 2007 (with urine exam): The exam result was Aluminium **43 mcg/l** (maximum reference value 20mcg/l), **Lead 22mcg/gCreat** (maximum reference value 150mcg/gCreat), **Mercury 18mcg/gCreat** (maximum reference value 35mcg/gCreat). Gee whiz! Aluminium is increased again?! I have to go on... But the vacation in USA has been a real show! (see my blog in September 2007, [blog.matteodallosso.org/2007_09_01_archive.html](http://blog.matteodallosso.org/2007_09_01_archive.html))

-------------------------  
( *I’ve already got 19 infusions*)

NB: it's not over, in the next chapter you will read the second discovery.

Anyway, as you remember, in July 2006 I couldn't walk, move my left hand, seeing at right side, talk and nobody believed in my intoxication. In July 2007 one of my dreams became true: fly! Yes, you understood well! I fell down with the parachute from 4500 meters in free fall, and now I'd like to show you the movie: in my blog you can also find all the sensation description, and the movie is too excited. I still don't believe it!

![YouTube video player](www.youtube.com/watch?v=aHDDOTaADJg)

And not only! In August 2007 I've been the marriage best man of one my dearest friends who lives and works in California. We split each other when I went to work in Germany as researcher. He went to work in NJ, near New York. He met a woman who would have become his wife and the summer of 2007 I had the possibility to fulfill my life dream! I jointed 10 days of bachelor party in California, between San Francisco and Stanford, between Beverly Hills and Hollywood, between Santa Monica and Venice Beach to other 2 weeks of pure fun between NY, Philadelphia and Princeton.

Now I'd like to show you this movie that I shot on the steps where Rocky became so famous! I was in Philadelphia and like Rocky I run on the *Rocky steps* screaming at the end *ADRIANAAAA!* And my final *YOOOO* is a liberation of an nightmare and the success of my biggest dream. If you think how I was exactly one year before, I'm sure you can breath the same emotion!

![YouTube video player](www.youtube.com/watch?v=eN36Ow0c62M)

You can find all the pictures on my trip here! [blog.matteodallosso.org](http://blog.matteodallosso.org)
• EDTA infusion, Ultrathione 1000, CellFood, Budwig, negative ionizer and other little tips were on the base of my renaissance.
• I reported the result of every my detoxificant infusion, until 20 July 2007.
• In the summer of 2007 I was re-born! I fell down from 4500 meters with the parachute, in August I run on the Rocky steps in Philadelphia. Visit my blog to see my pictures and movies.
6. ALUMINIUM (the second discovery)

Back to my story...
I felt I was reborn and I still had to make the most important discovery.
I continued to get detoxification infusions, I continued to get the Ultrathione 500 pills and my life goes on really fast.
Here I would like to report the results of the next infusions:

- September 14, 2007: the day I got the infusion I got the usual light headache. The day after it was a great day, in the morning I run at office in order not to get late with a fabulous running!
- October 19, 2007: the day after I got a big headache, 2 days after I was a little bit disoriented, 3 days after I was as good as new.
- November 16, 2007: (new urine exams): the day after I got this infusion I didn't get headache, but after 3 days I got it for 3 days. Then I got running problems again and I didn't understand why. It was clear when I got the exam results: Aluminium 88 mcg/l (maximum reference value 20mcg/l) so high!, Lead 18mcg/gcreat (maximum reference value 150mcg/gcreat), Mercury 10mcg/gcreat (maximum reference value 35mcg/gcreat)
- November 17, 2007: I started again getting Ultrathione 1000

(I've already got 22 infusions)

You understood fine! The aluminium level was so high! I reached the infusion number 19th, and my aluminium level become so high and after the infusion number 22nd the level was even higher until the stars! But how was it possible? Why? Well... The heavy metals "hit" all the body, all the organs, in particular the chewy tissue, therefore even in the brain. In all the body and in all the organs the detoxification, through EDTA molecule, works by contact, that is the blood, which circulates in the body and in the organs, carries the EDTA which ties with heavy metals, which it meets, and it carries them out in the urine. All this is not true for the central nervous system. Here in fact the detoxification can't work by contact but rather it works for diffusion, therefore it's a slower process (later I’ll explain it better). And this intoxication "hit" my brain and therefore I had to remove it. I'd like to let you notice that if I didn't get the differential urine exam I would never found it and I let you also notice that during the detoxication and after 10 infusions the intoxication level in an average intoxicated man is nearly disappeared. It's a really anomalous condition that a metal gets higher in this manner. Maybe you wonder if people with zero aluminium level exists at the first infusion, the answer is yes. It was me to be intoxicated. I still had to go on. Go on with the infusions:

- December 6, 2007: I didn't feel any pain.
- (December 17, 2007: I got again CellFood)
- December 21, 2007: ditto, I didn't feel any pain, rather now I'm ready to go to Portugal.
- January 25, 2008 (with urine exams): Aluminium 48 mcg/l (maximum reference value 20mcg/l) it's decreased again! Lead 15,3mcg/gcreat (maximum reference value 150mcg/gcreat), Mercury 8mcg/gcreat (maximum reference value 35mcg/gcreat)
- (January 26, 2008: I stopped getting CellFood and I get again two Ultrathione 500 pills)
- February 8, 2008: all right.
- (February 11, 2008: I started getting CellFood again)
- February 22, 2008: all right.

(I've already got 27 infusions)
The aluminium level trend is decreasing and we could expect that going on with few infusions its value will be zero. Instead it was not like that and I was finding out an ulterior rise.

- March 6, 2008 (with urine exams): all right. **Aluminium 106 mcg/l** (maximum reference value 20mcg/l) the highest value I've ever seen! **Lead 3,7mcg/gcreat** (maximum reference value 150mcg/gcreat), **Mercury 10mcg/gcreat** (maximum reference value 35mcg/gcreat).

How is it possible such high level?
The diffusion detoxication was able to reach the depth.

### 6.1. Different phases of detoxification

My detoxification had two different phases, which are connected each other.

1. The first phase happens for direct contact between the EDTA, which is carried from the blood, and my body in particular organs, tissues, first detoxification phase.
2. The second phase happens for diffusion. EDTA, like all the chelating agents, doesn't cross the hematoencephalic barrier, so through the blood, EDTA can't directly go inside the brain, in order to tie with the toxic metals. Therefore, after a certain number of infusions, the metals go out for diffusion, that is a movement from tissues where the metals are more present, to the tissues already cleaned, second detoxification phase.

These two phases alternate each other. When the level of the heavy metals in the body (excluding the brain) is relatively low, the metals in the brain move for diffusion from inside the brain (the concentration is bigger), to outside, in order to keep the distribution uniform in all the body. Therefore, when the metals are outside of the brain, the metals are tied for contact and so on, the process is repeated more times until getting a uniform and negligible concentration, even if it's not null.

I'd like to let you notice that during the repeating of these phases I had no more physical problem.
What it happens is exemplified by this diagram, I hope it's not too much engineeristic. :-) 

- **My detoxification has had two different phases, which are connected each other.**

1. The first phase happens for direct contact between the EDTA, which is carried from the blood, and my body in particular organs, tissues, first detoxification phase.
2. The second phase happens for diffusion. EDTA, like all the chelating agents, doesn't cross the hematoencephalic barrier, so through the blood, EDTA can't directly go inside the brain, in order to tie with the toxic metals. Therefore, after a certain number of infusions, the metals go out for diffusion, that is a movement from tissues where the metals are more present, to the tissues already cleaned, second detoxification phase.
Let’s go on…

- April 11, 2008: All right.
- April 24, 2008: All right.
- May 9, 2008 (with urine exams): **Aluminium 70 mcg/l** (maximum reference value 20mcg/l), **Lead NO MORE DETECTABLE** (maximum reference value 150mcg/gcreat ), **Mercury 2 mcg/gcreat** (maximum reference value 35mcg/gcreat ). All right.

The Lead is no more detectable and the Aluminium is decreasing!

- May 22, 2008 (with urine exams): **Aluminium 48 mcg/l** (maximum reference value 20mcg/l), **Lead 3.03 mcg/gcreat** (maximum reference value 150mcg/gcreat ), **Mercury 2 mcg/gcreat** (maximum reference value 35mcg/gcreat ). All right.

-------------- (I’ve already got 32 infusions)

The Aluminium level is resetting to zero and I feel so fine!

- At the 22nd infusion the aluminium level is increased again until the stairs. This is explainable because the aluminium in the brain is expelled for diffusion and therefore it’s a slower process.
- I continued getting Ultrathione 500 in order not to intoxicate me again.
- Only through the differential urine exam has been possible to detect these intoxication values.
- At the 25th infusion the aluminium level decreased again.
- At the 28th infusion the aluminium level stored the maximum level that my organism have ever had.
- The detoxification process of my body has had 2 phases:
  1. First level detoxification: by contact.
- Aluminium is gradually decreasing, the Lead is almost no more detectable, the Mercury is almost null. I’m in perfect fit.

I report the urine exams. Notice the aluminium level.
First exam:

<table>
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<tr>
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<th>Unità</th>
<th>Valori di riferimento</th>
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### Third exam:

**STUDIO ASSOCIATO**
LABORATORIO ANALISI CLINICHE E MICROBIOLOGICHE
VIA [redacted] BOLOGNA BO
Tel. 051/[redacted]
P.to Pr.: [redacted]
partita I.V.A.: [redacted]

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Identificazione N° 5.985
BOLOGNA, lì 23/07/2007
Sig. DALL’OSSO MATTEO

### Fourth exam:

**STUDIO ASSOCIATO**
LABORATORIO ANALISI CLINICHE E MICROBIOLOGICHE
VIA [redacted] BOLOGNA BO
Tel. 051/[redacted]
P.to Pr.: [redacted]
partita I.V.A.: [redacted]

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Identificazione N° 9.011
BOLOGNA, lì 19/11/2007
Sig. DALL’OSSO MATTEO
Fifth exam

**STUDIO ASSOCIATO**
LABORATORIO ANALISI CLINICHE E MICROBILOGICHE

**VIA**

Tel.

P.to Pr.

partita I.V.A.

Identificazione N° 771

BOLOGNA, li 28/01/2008

**Sig. DALL’OSSO MATTEO**

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Sixth exam:

**STUDIO ASSOCIATO TECHNOANALYSES**
LABORATORIO ANALISI CLINICHE E MICROBILOGICHE

**VIA**

Tel.

Identificazione N° 2188

BOLOGNA, li 10/03/2008

**Sig. DALL’OSSO MATTEO**

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<td>Fino a 150</td>
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6.2. The liver: the central organ for detoxification.

All the toxic substances that a person ingests or inhales pass through the liver, which is the central organ for the detoxification. In fact the liver splits the toxic molecules and it removes them through the I and II detoxification phases. During the first phase (phase I), apposite enzymes split the toxic substances under intermediate molecules which can be already removed or can be submitted them to the detoxification phase (phase II). It consists in an ulterior breaking down of all the toxic substances which will tie to specific molecules for their removal through the kidneys or the bile (conjugation).

In the phase II of detoxification, a key function is played by Glutathione, which is produced from all the human cells (in particular liver and muscle) and it physiologically begins to decrease after 40 years old. The exposition to a big amount of toxic substances (drugs and toxic in primis) let the Glutathione spare sold out, so like an inborn deficit in its production, exaggerate physical activities and abuse of alcohol.

People, who have the detoxification phases insufficient, have an accumulate of toxic substances in the blood and in the tissues. In USA is available a test which studies the detoxification function of the liver, phase I and II (Genova Lab), while in Europe only a measurement of the transaminase hepatics (GOT; GPT) which indicates only the necrosis cell grade which spills its own enzymatic contents in the blood.

Asymptomatic people, who apparently are in good health conditions with transaminase under the normal limits, can be showed a big range of hepatic detoxification deficits with symptoms like headache, bones pathology, concentration lack, kidney problems, reduced energy, immunoendocrin problems.
6.3 Aluminium

Between all the elements, aluminium is the third one most diffuse on earth without developing any vital function for man. In nature it’s not in a free state, but only under a kind of Bauxite mineral composed. Aluminium penetrates in insidious way in our body through food, water, the pollution and it deposits itself inner organs and tissues (above all the brain, bones and kidneys) where it performs its dangerous effect.

The most contaminate sources are: aluminium pans, drinks contained in aluminium can, milk and fruit juice preserved in Tetrapack covered by aluminium, coffee, biscuits, chocolate tablets preserved in Aluminium, food in aluminium pans (tuna fish, pulses, tomato), food adds, whiten for flour, tea plant, antacid, medicine in blister, hygiene and cosmetics products as: deodorants, lipsticks, blusher, some toothpaste tubes.

- I report in this graph the aluminium trend, which was detected in my body. The values, which are really measured, are highlighted in red. The trend is qualitative even if it’s really realistic.
It has already calculated that a person ingests about 20 mg of aluminium per day through food and water, while free sold medicines, which are usually used like cetylsalicylic acid (aspirin) and anti-acid, contain big aluminium quantity. The Aspirin contains Aluminium hydrossid and glycinate as ingredients. Two pills of antiacid can contain until 500 mg of aluminium.

Aluminium is also used as ingredient in a lot of vaccines. The injected aluminium quantity in a single vaccine dose can even reach 250 times the reference value. Having to submit a period vaccine sections to kids, these doses are gave more times with dangerous side effect risks.

The health world organization has recognized that toxic metals are a possible cause in 60-70% of all mortal diseases in industrial countries!

The aluminium cerebral toxicity is known since the past century and the scientific research has proved the constant presence of high value in Parkinson, Amyotrophic Lateral Sclerosis, Multiple Sclerosis, Dementia diseases. The cerebral neurons of patients with Parkinson, Lou Gehrig can contain until 30 times the normal Aluminium concentrations.

Right quantity of Calcium and Magnesium seems to decrease the aluminium absorption by digest apparatus, while low B12 vitamin level and Folic Acid can determine an increase of Homocistein amino acid, which can damage the nervous cells.

Already in the 1958 an English doctor wrote a booked called “Aluminium utensils and diseases” in which he alarmed the scientific community from possible risks connected to the Aluminium intoxication in food field.

The aluminium cerebral toxicity (neurotoxicity) is due to the damaging capacity and therefore to across the hematoencephalic barrier, which protects the brain forbidding to the possible toxic substances to go through, with aluminium deposition in some encephalon area.

The aluminium makes the damage interfering the synthesis and the liberation of the cerebral neurotransmitters like dopamina, acetilcoina, colina with presence of symptoms such as: word articulation, orientation lack, personality variation, epilepsy, vision end ear canal hallucinations, memory and learning problems.

More over interfering with the released of some neurotransmitters which are delegated to the movement, the intoxication from aluminium can cause symptoms like motor coordination lack, dizziness, tremors.

The experimental administration of little aluminium dose in animal experiments cause in the cerebral cells the same type of degeneration in the Alzheimer disease characterized by dementia, orientation lack, depression.

It seems that the assumption of Calcium and Magnesium is against the absorption of aluminium, while the iron lack favours the absorption, because iron and aluminium share the same transport system.

The symptomatology from an intoxication changes depending on patient and it's correlated with the exposition and above all on the single person detoxification capability.

More over the aluminium interfered with a lot of neurotransmitters causing memory and intellectual deficit as proved from a study on soldering aluminium worker in a shipyard.

More over the aluminium has an action, which is antagonist to the Calcium, limiting its absorption and favouring weak bone process.
Aluminium can also cause at digestive system diverse disease symptoms, as:
- Frequent ulcer at the mucous membrane of the cheeks and lips;
- Esophageal spasm;
- Gastric and duodenal ulcer;
- Appendicitis;
- Functional variation at large intestine at alternative periods with diarrhea and constipation;
- Ulcerative colitis;
- Haemorrhoids and itch in anal zone.

Patients with kidney disease are regularly submitted to dialysis and therefore aluminium, which is contained in a big quantity in the drugs for these therapies, can develop a kind of progressive dementia called encephalopathy, language and behaviour disorders.

A recently published study, on the prestigious journal Lancet, reports an increase of 50% of the risks to get Alzheimer disease for the population who live in zone with high aluminium concentration in water.

In the Guam island a lot of people were hit from Amiotrophic Lateral Sclerosis (characterized from e motor and neurological disorders).

Aluminium can across the placental barrier and moreover it contaminates the artificial milk causing a mental retardation and learning difficulties in kids.

- Between all elements, aluminium is the third one most diffuse on earth without developing any vital function for man.
- Aluminium penetrates in insidious way in our body throught food, water, the pollution and it deposits itself inner organs and tissues (above all the brain, bone and kidney) where it performs its dangerous action.
- The health world organization has recognized that toxic metals are a possible cause in 60-70% of all mortal deseases in industrial countries!
- The aluminium cerebral toxicity is known since the past century and the scientific research has proved the costant presence of high value in Parkinson, Amyotrophic Lateral Sclerosis, Multiple Sclerosis, Dementia deseases.
- The aluminium cerebral toxicity (neurotoxicity) is due to the damaging capacity and therefore to accross the hematoencephalic barrier, which protects the brain forbidding to the possible toxic substances to go throught, with aluminium deposition in some encephalon area.
7. MAGNETIC RESONANCE (the third discovery)

On the 27 of May 2008 I was in perfect fit. I didn’t feel any problems, I didn’t feel tiredness, my coordination was perfect, prefect seeing, no rigidity at legs, high concentration. After 32 chelating infusions, my body was almost totally detoxificated from heavy metal. The days passed fast: at work the responsibility grew up (9 hours per day), just arrived at home I wrote my story in Italian and English (4 hours per day), twice a week I attended a Pilates course in a gym (2 hours every 3 days) and then family, friends, etc… Although I had only a few time to sleep, about 6/7 hours per night, I woke up without the alarm clock, I was always in time and always fresh, in the past it didn’t happen! I took one free week from work in order to design and make the website (www.matteodallosso.org). I was nearly arrived at the conclusion of my writing (Italian and English), waiting for the last magnetic resonance. I was really ready to publish my story… I was definitely unaware about what I’m going to live.

The morning of the 28 I was really carefree, I went to the hospital in order to get the magnetic resonance. A little after going out from the tube of the resonance I felt a little bit of dizziness, even if I thought it was not a problem. So I went to work. The more the hours passed, the more I didn’t feel well. In the afternoon I felt the dizziness was always more and I started feeling a considerable sensibility lack of my left foot and just a bit to my right foot. Just arrived at home I checked my equilibrium with the classic exercises and I really had some problems which the day before I hadn’t.

I was obviously scared, at work I pretended nothing happened even if the sensibility lack was my only thought. A colleague of mine realized something, but I changed the speech. When I went to my family I pretended nothing happened, my brother, my dad and my mom have already suffered too much.

I didn’t feel to decrease this sensibility lack at my foot. I started studying what the magnetic resonance is.

7.1 Magnetic resonance

The magnetic resonance, I get, was a magnetic resonance with 1,5 Tesla (http://en.wikipedia.org/wiki/Tesla) with contrast agents. It’s a liquid which is injected during the resonance in order to highlight every active lesion. In particular the contrast agents (Gadolinium) is considered so useful in order to evaluate the activity disease. Every time that you get the NMR with Gadolinium for first you get an image of your brain or the spinal cord, then you get the contrast agents and get the second image. The lesions, which appear in the last scan and not present in the first one, identify the active area of the disease. If the hematoencephalic barrier is undamaged the Gadolinium is not able to across it, but if it is interrupted or altered in its permeability, that is when some demielinization are present, the Gadolinium goes through it.
7.2 Gadolinium

Gadolinium [chemical element with symbol Gd] is a part of the lanthanide group elements. It’s a metal of the rare-earth; it’s a silvery-white, malleable and ductile. It’s used as contrast agents for the Magnetic Resonance (NMR), it’s injected intravenously. Gadolinium is accumulated in the alter tissues emitting an high signal intensity. Being toxic for the body, it has to be tied with a chelating agent (DPTA, or diethylene-triamino-pentaacetic acid), which has to carry the metal away through the urine. Analogously with the other lanthanide elements, the Gadolinium compounds are considerate with a low-down toxicity, even if its toxicity has not been studied in details yet. (http://en.wikipedia.org/wiki/Gadolinium)

7.3 Magnetic resonance result

My magnetic resonance result was a shock! Respect with the previous exam, which was got in another location on the 14 of February, new demielinization lesions are observed, diffused to both cerebral, cerebellar and truck hemispheric. That with major dimension are in the left semi oval centre in front-base homolateral site; after Gadolinium administration they show a “cercine” absorption. Others littler, which show a points source pathologic absorption, are focused in the right front cortical, bilateral radial crown, specifically to the left and multiple perigonal to the right. No meaningful changes to the other finds.

Obviously it was an freezing shower. Before getting this resonance I was in perfect fit! I just didn’t aspect such negative result. My parents and my brother were obviously shocked and even if the sensibility of my foot was completely missing I couldn’t tell it to them. On the contrary some days later my brother gave me some tickets for the motoGP at Mugello. We walked a lot trough the Scarperia hills! A wonderful experience, but in that health condition was so hard! blog.matteodallosso.org/2008/06/motogp-at-mugello-2008.html

In that days I realized that I started loosing a lot of hair, weird… Before I didn’t loose one of them! The DAN doctor, who follows me, told me to get again Cellfood drops, 2 pills of Ultrathione 500 per day, and half pill of VM2000 per day, obviously during the whole day, in order to increase the detoxification of my body.

- I was in perfect fit and my body was nearly totally detoxificated from heavy metal. I was ready to publish my story.
- I got the magnetic resonance. During the same afternoon I started realizing several problems, dizziness, so strong left foot sensibility lack and partial lack of the right foot, equilibrium was definitely worst.
- The magnetic resonance with contrast agents is necessary to evaluate the presence of possible active lesions.
- The contrast agent, which is used, is the Gadolinium. It’s an heavy toxic metal and for this reason it has to be tie with a chelating molecule, in order to be sent this metal off the urine.
- The resonance results was definitely worst with some new active lesions.
- During the day I started getting again Cellfood drops, 2 pills of Ultrathione 500 per day, and half pill of VM2000 per day.
The time for the 33rd chelating infusion arrived! Obviously I was really curious to see how my body, in particular my foot sensibility, would have react to the chelating infusion and I was even too curious to know if in the contrast agents other substances were introduced further the Gadolinium.

- June 10, 2008: Aluminium 56.7 mcg/l (maximum reference value 20mcg/l) gee whiz it’s increased a bit! Lead NO MORE DETECTABLE (maximum reference value 150mcg/gcreat), Mercury 2 mcg/gcreat (maximum reference value 35mcg/gcreat).

The day after the infusion, the left foot sensibility lack was halved, no more dizziness and my equilibrium was definitely better, even if it was not perfect! It was so evident that the contrast agents had effected on my health condition. Waiting for the next chelating infusion, which I would have to get after 2 weeks, I kept going on with the autochelation with Cellfood, Ultrathione and VM2000.

- At the following infusion, that is the 33rd, the aluminium level recognized in my body was littler higher, nothing so serious.
- The day after the infusion, the sensation of total sensibility lack was halve, I didn’t have dizziness anymore, my equilibrium was definitely better. They were a clear signals that the contrast agents was in strictly correlation with my worsening of my health conditions.
- Waiting for the following infusion I went on with the autochelation getting daily the CellFood drops, 2 pills of Ultrathione 500 and half pill of VM2000.
8. CHELATING AGENT AND THE GADOLINIUM (the fourth discovery)

Waiting to get the 34th infusion, me and the doctor decided to get the exam with all the heavy metals. It's more expensive (150E), it's made in USA by an analysis and diagnostic centre which is certificated by the *U.S. Food and Drug Administration*. They measure 19 heavy metals, Gadolinium included. This exams is carried out in a different way compare to the exams I got until that moment.

In fact in this case it's necessary to collect the urine in the 3 hours after the infusion in this can. After you collected them, it's necessary to mix them and you can pull out them in two test-tubes, which will be send to a diagnostic centre in US. Therefore the modality of the exam requires more time.

The time that I had to get this infusion and exam came. After the infusion I collected the urine for 3 hours in that can and immediately later we sent the test-tubes. The morning after, just woke up, I noticed with infinite joy that the sensibility of my foot was perfected again and all the other problems were disappeared! I couldn't believe it! Therefore the contrast agents had really affected my health condition! Now my desire was only to know the result of the exam.

Before reporting the results I'd like to let you notice some little particulars:

1. I've never suffered from kidney problems.
2. The unit of measurements of the relative aluminium exam made in Italy and in US are different. In fact in Italy the aluminium concentration is measured in mcg/l, while in US in mcg/gcreat. Therefore in order to compare these two exams you have to make uniform the unit of measurements, making them homogeneous (I'll describe how later).
3. The maximum threshold value for each metal is established country by country, therefore in order to remain safe, we refer to the lowest one.

- July 24, 2008: I highlight only the values over the maximum threshold.

  - **Lead 6.2 mcg/gcreat** (maximum reference value 1.4 mcg/gcreat)
  - **Aluminium 197.1 mcg/gcreat** (maximum reference value 22.3 mcg/gcreat)
  - **Gadolinium 61.604 mcg/gcreat** (maximum reference value 0.019 mcg/gcreat)
  - **Gallium 0.139 mcg/gcreat** (maximum reference value 0.028 mcg/gcreat)
Toxic Element Clearance Profile
Ratio to Creatinine

Genova Diagnostics
Innovative Testing for Optimal Health

Patient: MATTEO DAU OSSO
Age: 30
Sex: M
MRN: 0001201347

Order Number: A2280426
Completed: June 28, 2008
Received: June 26, 2008
Collected: June 24, 2008

NFL Srl
Referring Laboratory
Via Ugo Lendri 6
Bologna, 40122
Italy

Toxic Elements
Results in µg/g creatinine

<table>
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<th>Element</th>
<th>Reference Range</th>
<th>TMPL</th>
<th>Reference Range</th>
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<td>Lead</td>
<td>&lt;= 0.8</td>
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<tr>
<td>Mercury</td>
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<td>&lt;= 6.7</td>
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<td>&lt;= 8.41</td>
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<td>&lt;= 0.028</td>
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<td>Gallium</td>
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<td>&lt;= 0.064</td>
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<td></td>
<td>&lt;= 0.211</td>
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<tr>
<td>Uranium</td>
<td>&lt; all</td>
<td></td>
<td>&lt;= 0.026</td>
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</tbody>
</table>

Sulfur
Results in mg/g creatinine

<table>
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<tr>
<th>Element</th>
<th>Reference Range</th>
<th>Reference Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sulfur</td>
<td>&lt;= 1.014</td>
<td>367-1,328</td>
</tr>
</tbody>
</table>

* Elevated sulfur may indicate the presence of a chelating agent.

Creatinine Concentration

| Urine Creatinine | 25.25 | 23.00-205.00 mg/dL |

Collection Information

| Urine Total Volume (in milliliters) | 600.0 |
| Length of Collection (in hours)    | 6.0   |
| Provocation Comment:               | Post-provocation laboratory results. |

TMPL
Tentative Maximum Permissible Limit (TMPL) - Element excretion is significantly elevated, consistent with increased body burden. Increased element concentrations can have a negative impact on overall health and well-being. These values are derived from Cassenet and Douil's Toxicology: The Basic Science of Poisons, 5th Ed. 1996 McGraw Hill NY, NY p 597-598. Units have been standardized.

The performance characteristics of all assays have been verified by Genova Diagnostics, Inc. Unless otherwise noted with *, as cleared by the U.S. Food and Drug Administration, assays are for Research Use Only.

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TX OR TN MS 3/14 Rev 7
8.1 Gadolinium level in my body

Bewilder and incredulity! But how? The level of Gadolinium is about 60 mcg/g creat. It's about \textbf{3200 times} the maximum threshold! Did you understand well? \textbf{Three thousand two hundred times!} And the Gadolinium can be assumed only from the contrast agents! It's a rare metals in nature!

But how was it possible? So I occurred what I read about Gadolinium: toxic metals, present only in the contrast agents, which has to be tied with a chelating molecule in order to be drag out from the body.

\textbf{Some observations:}

- In the case in which the Gadolinium goes beyond the hematoencephalic barrier, it has to be chelated out of the brain. And then I think: but how? There's no any chelating molecule which is able to across the hematoencephalic barrier even if it's corrupted. In order to chelating the aluminium from my brain I spent 28 infusions, which were necessary to start the diffusion process.
- This is why the same day of the infusion I got a strong desensibilization of my foot.
- And this is why after two infusions I didn't get this symptom anymore (the diffusion process has already started).
- Some more… The Gadolinium has as first symptom the strong loss of hair. This is why I started loosing an infinite quantity of hair, I lost wisp of hair every time I passed my hands trough them. Before I didn't loose one of them!
- The magnetic resonance with the contrast agents born just to highlight the progression of the disease localizing the area with lesions in active phase, but at the same time this exam is also a cause of the same disease! Which reliability can have an exam with such characteristic? Gee whiz! Before the resonance I had no problems, while the same afternoon after getting the resonance I felt a complete sensibility lack of my foot and my equilibrium was so precarious!

8.2. Aluminium level in my body

The value of the US test is expressed in (microgram/gram of creatinina), while the Italian value is expressed in (microgram/litre). Therefore it's necessary to uniform the unit of measurement. You have to multiple the US value for the value of creatinina which is measured in the same exam, in fact it's measured in (milligram/decilitre)

In my case for example:

\textit{Aluminium} = 197,1 \textit{ (microgram/gram of creatinine)}
\textit{Creatinine} = 25.25 \textit{ (milligram/dl)}

Therefore:
\textit{Aluminium (microg/l)} = \textit{Aluminium [US, that is (microg/g creatinine)]} * 25.25 \textit{(g/l)} * (10/1000)
That is:
\textit{Aluminium (microg/l)} = 197.1 \textit{[USA, that is (microg/g creatinine)]} * 0.2525 \textit{(g/l)} = 49.76 \textit{(microgram/l)}
This value is not so different from the previous one (56.7 mcg/l). The US exam is definitely more accurate (it's necessary to collect urine in 3 hours after the infusion), but it's also true that the exam made in Italy (really faster, because you collect the urine immediately after the infusion) is in first approximation quite truthful.

8.3 Lead level in my body

The maximum threshold American value is lower than the Italian value. The detected level in my body is lightly higher.

8.4 Gallium level in my body

It's about 4 times the maximum threshold level, It has an effect really similar to the aluminium.

- Therefore I got the 34th chelating infusion getting also the metal exam made in US. This exam is able to measure the level of 19 heavy metals, Gadolinium included.
- The morning after, just woke up, I noticed with infinite joy that the sensibility of my foot was back to the perfection and all the other problems were disappeared! I couldn’t really believe! Therefore the contrast agents really affected my health condition!
- The measured Gadolinium was 3200 times the maximum threshold level! The aluminium was more or less the same, the measured Gallium 4 times the maximum threshold (it has effects similar to the aluminium).
- The magnetic resonance exam with contrast agents was born to highlight the disease progression, going to locate the lesions area in activity phase, but this exam also is a cause of the same disease! Which reliability can have an exam with such characteristics?

I didn't feel any symptom, but I had to go on with such detoxification infusions in order to remove the Gadolinium and once and for all the Aluminium. At the follow infusion I've got a new detoxification exam again in Bologna just to understand the relationship with the complete exam made in US.
These are the values:

- July 15, 2008: Aluminium **53.6 mcg/l** (maximum reference value 20mcg/l), it's comparable to the previous exam! Lead **NOT DETECTABLE** (maximum reference value 150mcg/gcreat), Mercury **4mcg/gcreat** (maximum reference value 35mcg/gcreat).

In the last 4 infusions the aluminium in my body was the following:
- May 26, 2008: Aluminium 48 mcg/l.
- May 28, 2008: magnetic resonance with the contrast agents.
- June 10, 2008: Aluminium 56.7 mcg/l.
- June 24, 2008: Aluminium 197.1 mcg/gcreat, therefore Aluminium 49.76 mcg/l.
- July 15, 2008: Aluminium 53.6 mcg/l.

<table>
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<th>Date</th>
<th>Aluminium</th>
<th>Vmeasured</th>
<th>Vthreshold</th>
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<td>48 mcg/l</td>
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<tr>
<td>June 10, 2008</td>
<td>56.7 mcg/l</td>
<td>20 mcg/l</td>
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<tr>
<td>June 24, 2008</td>
<td>49.76 mcg/l</td>
<td>20 mcg/l</td>
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</tr>
<tr>
<td>July 15, 2008</td>
<td>53.6 mcg/l</td>
<td>20 mcg/l</td>
<td></td>
</tr>
</tbody>
</table>
Now the question is: how is it possible that in 4 consecutive infusions the Aluminium is not
decrease even only a little bit? Do you remember when I explained that the EDTA is a selective
molecule with a different affinity degree with the heavy metals? [See 4.1 EDTA
(ethylenediaminetetraacetic acid)]

For this reason the EDTA couldn't catch the Aluminium in a complete way! In fact after getting the
magnetic resonance, my body was so much saturated from Gadolinium that the EDTA could only
catch this metal!
9. My detoxification goes on…

I would like to briefly report you how my detoxification goes on:

- July 29, 2008: everything ok.
- August 29, 2008: everything ok.
- September 12, 2008: everything ok, I got the infusion in the morning and in the afternoon I was at work.
- September 25, 2008: everything ok.
- October 9, 2008: (with urine exams): Aluminium 177 mcg/l (maximum reference value 20mcg/l) Wao! It’s never been so high! Lead 1,8mcg/gcreat (maximum reference value 150mcg/gcreat ), Mercury 3mcg/gcreat (maximum reference value 35mcg/gcreat )

(I've already got 40 infusions)

I felt really fine, so much that I climbed until the top a pyramid made of wire ropes. Do you remember which were my condition in the August 2006, right? I couldn't even keep my equilibrium on one foot for 10 seconds!
In that time I was really ready for my second vacation in US, this time I landed off in Miami and I didn't stop me even only for a while. With a rental car I crossed all the Florida, more than 800 miles in 6 days!
When we arrived in the Key West (south Florida island) I enjoyed so much swimming like I used to do when I was child in the Atlantic Ocean. Amazing! Then again back to New York!

Although my detoxification is not finished yet I felt really fine, like I were reborn! 😊
Talking with some people I realized, they find difficult to believe that my health could get better so much when they read an aluminium value of 177 mcg/l, the most high value I found. Well, it's just the opposite: in fact the more the body is detoxificated, through the EDTA infusion, the more the body recovers in a natural way this important function, that is the auto-chelation!

- At the 40th infusion the new urine detoxification exam shows the highest level of aluminium never detected 177 mcg/l!
- I feel really fine, before I climbed until the top a pyramid made of wire ropes., then I crossed all the Florida, more than 800 miles in 6 days, I swam like I used to do when I was child in the Atlantic Ocean, then back again to New York!
- The more the body is detoxificated, through the EDTA infusion, the more the body recovers in a natural way this important function, that is the auto-chelation!

And the detoxification goes on...

- November 20, 2008: everything ok.
- December 4, 2008: everything ok.
- December 22, 2008: everything ok.

-----------------------------  ( I've already got 43 infusions)
10. THE LAST EXAM BEFORE THE PUBLICATION (the confirmation)

The time for the last exam to evaluate the heavy metals intoxication, before the publication, was coming. In the same circumstance I got four urine examinations, which I describe:

1. **PRE**: this urine examination was made in order to evaluate only the Aluminium level, before getting the infusion. It’s processed in Bologna.

2. **POST**: this urine examination was made in order to evaluate only the Aluminium level, immediately after getting the infusion. It’s processed in Bologna.

3. **USA**: this examination measures 19 heavy metals in the three hours which follows the infusion, as shown in the paragraph “8.2. Aluminium level in my body”. It’s processed at the Genova Lab. in USA.

4. **POST PER USA**: after collecting the urine in the big can for three hours, we didn’t extract two samples but rather three. The first two samples were sent to USA in order to evaluate 19 heavy metals; instead the third one was sent to the laboratory in Bologna in order to have a cross check of the Aluminium level between these two laboratory.

Basically three examinations were processed in Bologna and one examination in USA. These examinations were made in order to:

- Confirm the unreliability of the examination made before getting the infusion.
- Confirm these two examination methodologies, that is comparing “the first throw” of the urine after the infusion respect with the sample after three hours the infusion.
- Evaluate the difference between the value measured in Bologna with the one which is measured in USA coming from the same source, that is the common can.
- Evaluate the Gadolinium level.

Now I’d like to analyzed the results. **NB**: before evaluating the Aluminium value of the exam made in USA it’s necessary to uniform the unit of measurement with the Italian values.
Sample results processed in Bologna:
PRE: 2.28 mcg/l
POST EDTA: 88.67 mcg/l
POST PER USA: 41.41 mcg/l

Sample results processed in USA:
Creatinine 16.18 (milligrams/deciliter, that is mg/dl)
Aluminium 212.8 mcg/g_creatinine < 22.3 mcg/g_creatinine
Gadolinium 7,695 mcg/g_creatinine <0.019 mcg/g_creatinine
Patient: MATTEO DALL'OSSO
Age: 30
Sex: M
MRN: 0001281608

Order Number: A9230379
Completed: January 20, 2000
Received: January 20, 2000
Collected: January 21, 2000

NFS Sri
Referring Laboratory
do Studio Alberto Govoni
Via Ugo Lenzi 6
Bologna 40122
Italy

Toxic Element Clearance Profile
Ratio to Creatinine

<table>
<thead>
<tr>
<th>Element</th>
<th>Reference Range</th>
<th>TMPL</th>
<th>Reference Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lead</td>
<td>7.0</td>
<td>&lt;= 1.4</td>
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<tr>
<td>Mercury</td>
<td>5.64</td>
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<tr>
<td>Aluminum</td>
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<tr>
<td>Arsenic</td>
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<td>Barium</td>
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<td>Cadmium</td>
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<tr>
<td>Gallium</td>
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<td>Rubidium</td>
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<td>Tin</td>
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<tr>
<td>Tungsten</td>
<td>&lt;d</td>
<td>&lt;= 0.026</td>
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* Elevated sulfur may indicate the presence of a chelating agent.

Creatinine Concentration

Urine Creatinine: 10.18 L 23.00-205.00 mg/dL

Collection Information

Urine Total Volume (in milliliters): not given
Length of Collection (in hours): 6.0
Provocation Comment: Post-provocation laboratory results.

TMPL

Tentative Maximum Permissible Limit (TMPL) - Element excretion is significantly elevated, consistent with increased body burden. Increased element concentrations can have a negative impact on overall health and well-being. These values are derived from Casarett and Doull's Toxicology: The Basic Science of Poisons, 5th Ed. 1998 McGraw Hill NY, NY p 997-998. Units have been standardized.
Now I’d like to analyze the results:

- The examination made before the infusion is not meaningful at all, because the heavy metals tie with the body tissues and they can’t be expelled in a spontaneous way.

- As predictable, the examination result of the “first throw” is bigger than the examination which “collects the urine for three hours”. In fact the second examination is a medium value of the three hours, while the first one is the “instant peak” value. Therefore the all method, which we adopt to check my intoxication, is consistent, because we’ve always considered the worst-case.

- Instead now I’d like to analyze the third point, that is verifying the difference between two samples coming from the same source, but processed the first one in Bologna, the second one in USA.

  I’d like to express the American value with the same unit of measurement of the examination made in Bologna, as already shown in “8.2. Aluminium level in my body”.

  Aluminium = 212.8 (microgram/gram of creatinine, that is mcg/gcreat)
  Creatinine = 16.18 (milligram/dl)
  Therefore:
  Aluminium (mcg/l) = Aluminium [USA, that is (mcg/gcreat)] * 16.18 (g/l) * (10/1000)
  That is:
  Aluminium (mcg/l) = 212.8 [USA, that is (mcg/gcreat)] * 0.1618 (g/l) = 34.43 (mcg/l)

  The results of these two samples are:
  - POST PER USA = 41.41 mcg/l;
  - USA = 34.43 mcg/l.

  As you can easily notice the values are nearly the same, the little difference is due to the fact that these two samples are from different test-tubes, even if they are from the same source.

- Finally I’d like to analyze the last point, that is to verify the Gadolinium value, respect to the value which was measured previously.
  - Gadolinium 06/24/2008 = 61.604 mcg/gcreat;
  - Gadolinium 01/20/2009 = 7,695 mcg/gcreat.

  As you can notice the new value is decreased about 10 times, that is an order of magnitude.
  This is a confirmation to the fact that the EDTA is able to tie with all the heavy metals and only the Aluminium, as I’ve already explained in “4.1 EDTA (ethylenediaminetetraacetic acid)”. Moreover I’d like to add that just got the magnetic resonance with chelating agents the value trend of 5 consecutive Aluminium examinations were nearly the same, due to the fact that the EDTA mainly tied with Gadolinium. If you remember I had a complete sensibility lack of my left foot just after the resonance, totally recovered after 2 EDTA infusions.

My heavy metal intoxication level is still too high, (even if I’m really fine, February 2009) for example the Aluminium is 88.67 mcg/l, four times the maximum threshold and Gadolinium is still at 7,695 mcg/gcreat, about 400 times the maximum threshold, even if it’s decreased a lot respect to...
the previously result. Therefore for this reason I’ll go on with my detoxification and I’ll keep you informed about new development.

- The last examinations of the urine before the publication have confirmed that:
  1. The examination made before the infusion is not meaningful at all, because the heavy metals tie with the body tissues and they can’t be expelled in a spontaneous way.
  2. As predictable, the examination result of the “first throw” is bigger than the examination which “collects the urine for three hours”. In fact the second examination is a medium value of the three hours, while the first one is the “instant peak” value. Therefore the all method, which we adopt to check my intoxication, is consistent, because we’ve always considered the worst-case.
  3. The measure, which was processed in Bologna, is nearly equal with the American one, the same source, but different samples.
  4. The new value of Gadolinium is decreased about 10 times, that is an order of magnitude.

This is a confirmation to the fact that the EDTA is able to tie with all the heavy metals and only the Aluminium.
11. ALUMINIUM LEVEL QUALITATIVE TREND

I report in this graph the aluminium level trend which was detected in my body until the 31st of January 2008!
The data really measured are highlighted in red. The trend is qualitative even if very realistic.
12. METHYL-B12 (the fifth discover)

It's an affine chemical substances group which contains cobalt and for this reason it's called cobalamin. The main kind of cobalamin are: methylcobalamin, hydrossic-cobalamin and desossiadenosilcobalamina.

The vitamin B12, even if it's not synthesized from animal and plants, it's present in meats, fishes, eggs, milk, dairy products, while it's absent from the vegetal food.

The absorption of the vitamin B12 is made from the ileal intestine, after be tied to the intrinsic factor, glycoprotein, which is product from the mucous membrane of the stomach. From here it's distributed through the blood to the organs; that one, which is not used, it's stored in the liver, where it can stay until 4 years.

Therefore lack levels are slow to establish and they include:
- anaemia.
- gastrointestinal symptoms are: diarrhoea, constipation, abdominal pains, weight loss;
- central nervous system troubles: tingling and sleep sensation of the extremities, walk trouble, irritability, spasms, depression, memory and concentration deficit, dementia, visual troubles, insomnia, impotence.

High dosage of B12 can favour the neuron regeneration, avoid the demielinization and favour the demielinization.

Myelin is a whitish myelin sheath which cover part of the neuron body allowing a faster transmission of the nervous impulses. In the multiple sclerosis the myelin is attacked and damaged from the immunitary system with the appearance of the typical patch lesions. Therefore it's used to prevent and treat the neurological troubles which are: Parkinson, Alzheimer, peripheral pathologies and multiple sclerosis.

Moreover the vitamin B12 operates in the homocistein conversion in methyonin.

High level of homocistein increase the probability to get cardio circulator pathology, because when homocistein is in excess, it operates as a nervous toxin and vascular. Where B12 deficit is present, there is a rise of the homocistein.

Finally the vitamin B12 participates in association with Folic Acid to the production of the DNA, so its lack determines a damage at DNA level.

Since the vitamin B12 participates to the mielinization process, it’s been hypothesize a disturb in the metabolism in patients who suffer of multiple sclerosis. With this purpose Dr. J. Neubrander studied and realized a MethylB12 formulation which is able to go through the hematoencephalic barrier and therefore going directly to the brain level, see 22.4 Other important references.
12.1 Methylcobalamin

There are several administration ways:

- **Oral**: the administration can be low in case of inflammation at ileal level (where the vitamin is absorbed); in case of intestinal dysbiosis the microorganisms can compete with the guest organism to the administration of the B12; scarce availability of the intrinsic factor, glycoprotein is essential for the absorption of the B12 at ileal level.
- **Intranasal**: really effective, because it's next to the brain. It can produce abrupt peaks of B12 inner circle.
- **Intravenous**: effective in order to solve a lack; it involves a fast and wide increase of B12 levels with a fast kidney expulsion.
- **Under skin (buttock)**: good way to administration because there is a slow and constant release in the vitamin B12 inside the buttock adipose tissue.

The doctor suggested me to get 2 sprays per nostril every other day of the MethyB12 spray. Since November 2008 I started get it.

- The vitamin B12, even if it's not synthesized from animal and plants, it's present in meats, fishes, eggs, milk, dairy products, while it's absent from the vegetal food.
- The vitamin B12, which is not used, it's stored in the liver, where it can stay until 4 years.
- Therefore lack levels are slow to establish and they include: anaemia, gastrointestinal symptoms, for examples diarrhoea, constipation, abdominal pains, weight loss; central nervous system troubles: tingling and sleep sensation of the extremities, walk trouble, irritability, spasms, depression, memory and concentration deficit, dementia, visual troubles, insomnia, impotence.
- High dosage of B12 can favour the neuron regeneration, avoid the demielinization and favour the remielinization.
- Dr. J. Neubrander studied and realized a MethylB12 formulation which is able to go through the hematoencephalic barrier and therefore going directly to the brain level.
- There are several administration ways: oral, intranasal, intravenous, under skin, everyone with own different characteristic.
- Since November 2008 I started get the MethyB12 spray.
13. GRAPH OF “MY HEALTH”

In order to let you clearly understand the fundamental steps of my story I’d like to show you the graph in which I report my health trend in function of time. Not having the numeric values this is a qualitative graph, but I think it’s really intuitive and obviously you can ask me all the questions you want!

I remarked the wellness threshold (health threshold). Under this threshold I got troubles and above it, they were no more appreciable. Every line which increases it’s a positive reaction (blue or green circle), while a line which decreases it’s a negative reaction (red circle).

My health conditions got worst.

My health conditions got better but under the health threshold.

My health conditions got better and up the health threshold.

1. 04/1997: diplopia, double vision
2. 05/1997: magnetic risonance.
3. 09/1997: lumbar puncture and 4 infusion of cortisone.
4. 03/1998: little beat under right eye.
5. 07/1998: little finger tingling of right hand.
6. 07/1998: tingling and sensibility lack of right part of the body, in particular my hand, my arm, my thorax and under foot.
   4 infusions of cortisone.
8. 07/1998: sensibility lack at right hand and 5 intramuscular punctures: Symachen
     15 Decatlon 1ml intramuscle vial
11 04/1999: the legs have back their sensibility.
12 07/1999: 2 Aziotioprina pills per day
13 08/1999: 3 Aziotioprina pills per day
14 11/2001: end of Aziotioprina therapy and
     2 Prefolic boxes of 15 tables
15 03/2003: moved to Germany
06/2003: beginning of removal 4 amalgams and devitalized tooth.
09/2003: end of amalgams removal.
10/2003: came back in Italy and beginning new job.
08/2005: restructuring work using solvents and paints.
03/2006: anti-tetanus vaccine.
04/2006: after walking for 20 meters my legs were paralyzed (I felt them like 2 sticks). I couldn't coordinate left hand anymore. I couldn't walk anymore. Double vision. Equilibrium lack. My head turned at every movement. I couldn't keep wee. An unbelievable weariness at every 10 meters I had to stop and rest myself.
04/24/2006: my head doesn’t turn anymore.

04/25/2006: I regained left hand coordination, I had no the suddenly instinct to wee

04/26/2006: I regained the equilibrium.


04/28/2006: I walked for 2 hours without ever stopping
Then I had to stop because my muscles and ankles gave me some pains.

29/04/2006: my left eye is completely opened again.
I walked ALL the afternoon.

05/05/2006: my health conditions were incredibly getting better.
Only run was missing.
29 08/2006: hospitalized 1 month in Milan. 5 infusions of cortisone.

30 07/2006: impossibility to move legs. 5 infusions of cortisone.

31 06/2006: equilibrium lack, no left hand coordination, double vision at right eye, difficulties to walk, difficulties always more serious to talk.

09/2006: I could walk for only 500m, no equilibrium, no left hand coordination, weariness, I could talk better.

33 08/2006: impossible to move legs, wheelchair.

5 infusions of cortisone, magnetic resonance, motor evoked potential, secondary progressive multiple sclerosis diagnosis, mitoxantrone infusion, rehabilitation.

32 09/2006: I could walk for only 500m, no equilibrium, no left hand coordination, weariness.
34 09/14/2006: my head stopped turning around, before it turned even when I was sat, with urine exam.

35 10/5/2006: I move better my left hand, above all on the keyboard. I start go up the stairs without leaning on. Regained 60% equilibrium.

36 10/19/2006: left hand is nearly perfect. Now I can write without seeing the keyboard.

37 10/31/2006: second infusion of immunosuppressor.

38 01/09/2007: all problems are got better. in particular weariness, go up on stairs, my hand. My head doesn't turn absolutely anymore.

39 01/26/2007: the hand problem are just appreciable, a little bit of shaking in the evening when I'm tired, run is still missing without any problems.
02/09/2007: I rode bike and I went through 25/30 km. I could drive without hands above all at the beginning. Hand is really next to the perfection, Urine exams.

02/14/2007: second magnetic resonance in Milan.

03/08/2007: hand shakes only when I'm tired or under pressure. On the 03/20 I drove a run motorbike (650cc). I got the exam to the field of vision: nearly perfect. Eyes pressure is perfect.

03/22/2007: everything better. On the 04/09 I went even to rock-climb

04/13/2007: it's difficult to find an unsolved problem on my health. Maybe only the run, but it's more probable I'm not sufficient trained. Motorbike, rock-climb, I'm back to everything!
05/04/2007: no more problems.

07/06/2007: now I even don’t need to rest. I sleep only the minimum indispensable (6 hours per night). I’m also back to run!

08/20/2007: I run on Rocky steps in Philadelphia

10/19/2007: the day after the infusion I felt a strong headache, 2 days later a little bit of confused, 3 days later as good as new.

12/21/2007: no problems no more.

01/25/2008: everything is ok!

05/22/2008: all right, feeling really fit!
05/28/2008: magnetic resonance with contrast agents. Suddenly dizziness, I got a strong sensibility lack of my left foot, lightly sensibility lack of my right foot.

06/10/2008: no more dizziness, sensibility lack of left foot is half, just appreciable to the right one.

06/24/2008: foot sensibility is back to the perfection, perfect equilibrium

10/09/2008: the maximum level of aluminium is detected (177 mcg/l).

10/28/2008: swim like a dolphin in Key West, FL.
01/20/2009: last exam before publication.

02/28/2009: since 4 months I’ve got Methyl-B12 spray.
14. THE RELATIONSHIP WITH OTHER DISEASES (the sixth discover)

The doctors with classic background are convinced that this Glutathione allele lack or in general this enzyme lack is not the provoking reason of this disease. The reason is really simple. From their words, it's proved that the 30% of the people has the same lack, therefore not being the 30% of people suffering from Multiple Sclerosis, this cannot be the cause. Instead I think that this Glutathione lack and therefore the aluminium intoxication, is a necessary condition, that is all the people who suffer from Multiple Sclerosis are so seriously intoxicated, as some scientific studies report *Elevated urinary excretion of aluminium and iron in multiple sclerosis* (see 22.4 Other important references) and all the exams to all people I know with this pathology, the famous environmental cause!

In addition I'd like to focus for a while your attention on another detail. It's true that the 30% of people don't suffer from Multiple Sclerosis, but the aluminium and all the intoxication of the other metals is really frequent and it's the reason of many other pathologies.

Depending on the organ, which is hit from these metals, a pathology could evolve rather than another one. In order to generalize I can hypothesize that all the pathologies, which are actually cured by cortisone, have like a common factor this intoxication, necessary condition for all these diseases.

Riccardo and Elena are an example, a 30 years boy and a 59 women who I personally knew getting this therapy. When I told them I was writing this book they were immediately available to explain their experiences. Riccardo was suffering of Ulcerative Colitis, while Elena of MCS, Multiple Chemical Sensibility. These two pathologies are really different, but they have a characteristic in common: actually the cause is unknown and most of the time they are treated with the cortisone therapy.

When I met them, they were both in a seriously conditions, and they were both too scared, but now they have another characteristic in common: they are reborn, just like me!

- The doctors with classic background are convinced that this Glutathione allele lack or in general this enzyme lack is not the provoking reason of this sick.
- It's proved that the 30% of the people has the same lack, therefore not being the 30% of people not suffering from Multiple Sclerosis, this cannot be the cause.
- Instead I think that this Glutathione lack and therefore the aluminium intoxication, is a necessary condition, that is all the people who suffer from Multiple Sclerosis are so seriously intoxicated, the famous environmental cause!
- It's true that the 30% of people don't suffer from Multiple Sclerosis, but the aluminium and all the intoxications of the other metals is really frequent and it's the reason of many other pathologies.
- Depending on the organ, which is hit from these metals, a pathology could evolve rather than another one. In order to generalize I can hypothesize that all the pathologies, which are actually cured by cortisone, have like a common factor this intoxication, necessary condition for all these diseases.
- Riccardo and Elena are an examples. Both of them reborn, now their stories in details.
Let’s read their stories.

14.1 Riccardo’s story (Ulcerative Colitis)

Hi everyone, I’m Riccardo and I’m 30.

In the summer 1999 I felt the first symptoms: diarrhoea with blood several times per day. My family doctor thought it was a psychosomatic reaction due to too much stress gave from the previous relationship between me and my girlfriend, it just happened a couple weeks before. I got some fermenting milk, but the symptoms didn’t go away, on the contrary they increased their strength in frequency and in loss of blood. Therefore I went to a specialized doctor of the regional hospital in Torrette Ancona. Later a short speech, he told me to grow a pair and that I had to learn how to tell people to go screw themselves, in order not to keep anger inside me. Well, he also thought it was a psychology problem. He prescribed me colestiramina. After about a week the symptoms quickly disappeared and I was back to my normal life.

In July of the following year all started again. I got again the colestiramina, but this time without any result. In some days the colitis was so serious that it was impossible any social relationship (until 16 evacuation per day), so I had to stay all the time locked at home. I thought it was a psychosomatic reaction, so I tried to work on my mind in order to fight the anxiety. Nevertheless everything was useless and at the end of the summer I lost about twenty pounds.

In September I went again to the specialist. After another conversation he thought I had a gluten intolerance, so he prescribed me a diet for celiac (too expensive). I tried it for some months, but without any result, so I decided to go to another specialized doctor of another hospital. He submitted me a colon exam and he understood I was suffering from Ulcerative Colitis (UC), a disease I’ve never heard before. He explained me that the Ulcerative Colitis and the Chronic diseases are the Intestine Chronic Inflame Disease (IBD=Intestinal Bowel Disease). They are chronic pathology, unknown cause, from which at the moment it’s not possible to recover. They can be only treat from the symptoms in order to keep them under control, but not completely eradicate from the body.

It was February, I was nearly in the acute phase from a lot of months. The doctor gave me the mesalazine pills and above all some cortisone pills (Delta Cortene). The symptoms almost magically disappear the morning after. In few hours I was back like before. I felt myself so well that I didn’t believe it, because besides the perfect regulation of my intestinal activity, my appetite was immediately back and I felt myself full of strength. After a couple of weeks I suspended the cortisone, while I continued to get indefinitely the mesalazine, as a maintenance therapy. In a few weeks I got back all the weight I lost previously. I didn’t feel any symptoms for four years, but it was predicted from the doctors, besides one day everything would be back. In fact in the summer of 2005 the symptoms suddenly appeared again and in a few days I was in the acute phase. I got cortisone again with the same dosage, but this time I had lower result. I suspended the cortisone therapy in September and I got chickenpox. It was a really bad and serious kind due to the immunosuppressive effect of the cortisone which was still in my body. I stayed so bad, but when I re-establish myself from the chickenpox even the colitis was gone, maybe because I had a so strong change in immunitary system. Nevertheless after a couple of months all was back.
Since then, searching through internet, I read for the first time something about the metals. In particular on the website of AMICI Marche (Intestine Chronicle Inflame Disease Association http://www.amicimarche.org) an homeopathic doctor said that between the amalgams filling and some inflame diseases there was a correlation, among which the IBD (Intestinal Bowel Disease), Lipus, rheumatoid arthritis and so on. He talked about a Chron case that it was completely solved later on the removal of the amalgam fillings.

I was so interested in it, even because I was always more convinced that the “official” medicine didn’t really understand anything.
Therefore I decided to contact this homeopathic doctor. I must say that I’ve never had an amalgam filling, nevertheless he told me that on the base of these diseases there was a probable allergic reaction of my body to something inside me, to some “poisons”. For somebody could be the mercury which is inside the amalgam filling, while for somebody else could be something else. Later on a particular electronic exam he prescribed me a particular diet, which was focused on my body. Moreover he gave me some homeopath drugs.

I wasn’t convinced at all. I knew that the reason had to be something specific, as the mercury for example. It couldn’t be solved only with the nutrition.

In fact after some months with such diet I couldn’t see any result.
Therefore I went to the third specialized doctor and I had a new endoscope examination, which showed an high inflame activity in progress on a long line of my intestinal mucous membrane. Basically my colon was made of a lot of ulcers. Therefore the doctor prescribed me an high dosage of cortisone (this time Medrol) and, in some weeks, it went to remission. I knew that this “miracle” wasn’t a real miracle. It was just another treatment of my symptoms. The reason (unknown) of my disease was still there, in the shadow, not even skim over from cortisone or from mesalazine.

In the autumn 2006 the colitis came still back, in a light form. The doctor gave me a cure of cortisone on topical level. It came back to remission, but in January all was back.

I was becoming cortisone addicted, but as everyone knows the cortisone couldn’t be got indefinitely: it’s suitable only for the temporary treatment of the acute phases.
Therefore I came back from the first specialized doctor, that one who told me “tell people to go screw themselves” and the diet for celiac. Even this time he found an original idea in order to distinguish himself: he gave me some immunosuppressive drug (Azatioprina) without submit me any check in order to valuate if my body could tolerate it. After a couple of therapy months, as foreseen, the Azatioprina had effect and I came back to a complete remission. Nevertheless after few days I started feel strong dizziness and just going up the steps was sufficient to feel a strange buzz in my ears. In a few days I felt this buzz even only to the littler movement. It was sufficient raising on my feet that I felt my heart beating in my ears and in my head. I was so worried and I made some blood exams on my behalf. Result: my white cell was definitely killed to the lowest value and even the other pointers were so out of the range. While in the meanwhile this doctor was on vacation I talked with my family doctor. When he saw the exams he turned pale and ordered me to immediately interrupt such cure with Azatioprina, because I had a strong depression of my marrow. I did it and in a few weeks my health condition was quite completely re-established.

In the autumn 2007 the colitis came back.
I definitely dismissed that specialized doctor (near miss he killed me), I got again the cortisone under control of my family doctor. I immediately stayed better, but I knew that I had to think by myself if I wanted to find a result to this problem.
Since then I interrupted any other activities and I searched without any breaks through Internet. I went forum by forum, listening a lot of strange experiences. Then every time I had a trace to follow I used google and I made long researches about them.

**In particular I was interested to the mercury and to someone who was cured from a inflame chronic disease later a removal of the amalgam filling.**

In that time I read that some people who had contemporary **Ulcerative Colitis** and **Multiple Sclerosis**. (DENTI TOSSICI 2 - Lorenzo Acerra).

Day by day I was always more convinced that on the base of the “wrong” immunity answers, connected to these different diseases, there was a common factor: the mercury. Therefore I focused my strength to look for information about the harmful metal and one day, with my big surprise, I knew from a long article, written by an environment association, that having amalgam filling in mouth wasn’t a necessary condition to be poisoned from mercury.

It’s sufficient that the mother had some amalgam fillings that the foetus inevitably absorbs high dosage of mercury (and my mother has always had several fillings, since the adolescence!)

I read that the key point wasn’t as much the assumption of this poison, but rather in the ratio absorption/expulsion. In fact a person could also have 10 amalgam fillings in mouth but has no pathologic symptom, if the speed of expulsion is of the same order of magnitude of the expulsion from his body.

Well, fillings or not, everyone is inevitably exposed to some dosage of mercury.

It’s sufficient eating tuna fish. Obviously the dose in play are too little, but day by day, year by year, if we don’t through them away we only accumulate it. The level of this toxic material inevitably rise in our body, until touching the threshold value. Surpassing this critical value, some symptoms appear, that is those we call diseases.

I also read about Glutathione and its importance in order to detox the body.

Moreover I found out that many people, who are UC suffers, became sick just the following day of a mercury poisoning. Someone even following an intravenously injection of mercury in order to suicide (DENTI TOSSICI 2 - Lorenzo Acerra). The more interesting thing was that all these cases were just reported in some official report written by doctors.

Therefore I decided to submit myself to the hair exam.

Result: the major part of the metals were normal, except for the mercury.

Perfect! Now I had to eliminate this unwanted host from my body.

Then I kept going on looking for news about chelation, I run into a website where a doctor from Bologna, who is expert of the chelation therapy, explained how several diseases were correlated not only with the mercury, but also with other metals really common, first of all the aluminium (that what’s more it has the same effects of the mercury but comparing to it, the aluminium is so present in high quantity everywhere!!).

I fixed an appointment with this doctor and he clearly explained to me the only and real reliable exam in order to check the level of the intoxication from metals. It’s a urine sample after a chelation infusion, while all the other methods are ineffective exams, just for the nature of the metals, which in few hours from the intoxication are “tied” with the tissues, therefore hiding from the normal blood and urine exams. Even the hair exam in a lot of cases results ineffective, because a metal’s propriety is to change the capability to transit of several substances from one side to the other of the body.
I was always more convinced to attempt the right way.
This doctor gave me the email address of his patient who was Multiple Sclerosis sufferer that just to use his words “it’s like born again” passing in few time from the wheel chair to the parachute launch.
He told me to get in touch with him without any problems, because he would have had a lot of other useful information. In that time I met Matteo in person for the first time. I met a really positive person. He told me his personal story and he reassured me, according to him, I hit the goal. He also told me that his problem was not too much the mercury but rather the aluminium. Finally he explained to me that after every chelation infusion his health trend got a decrease phase followed by an increase phase and it continuously happened, but every time the health goes up a little bit more, that is in few words you get a slow but gradually improvement. He told me that it’s due to the fact that the metals go out from the body and therefore during this transient the symptoms are destined to swing a little bit.

Therefore I decided to start the chelation therapy in January 2008. At that time I was in remission phase. In less then 24 hours from the first infusion, the colitis was switch on again. This sign seems to me being a positive sign, because colitis and metal displacement were in some relationship. The first exam result showed that the expulsion concentration of aluminium was 6 times more than the value which is considered maximum.

Week by week, I kept on being sick. The colitis was always in a medium-high level, but I avoided to get cortisone in order to observe better the progression of the situation without external operations. I’ve simply kept going on with the assumption of the mesalazine, which is a drug that, I repeat, has to be assumed even in the remission period for maintenance.

Nevertheless, I noticed something weird: after every chelation infusion, for a couple of day I felt myself so tired, like when you come back at home after played a football match. I felt my bones a little bit stiffs and keeping my concentration to study was so difficult.

Obviously I was so scared and I contacted Matteo several times, in order to ask him how I could decrease the impact of these relapses and in that moment he told me about the Ultrathione pills, which I’m daily getting.

Initially I got EDTA infusions every two weeks. After every infusion a negative effect lasted a couple of days and the number of my evacuation also increased, but the week after every infusion I felt myself stronger and more concentrated, like I was more rested with more energy and at the same time the colitis had an improvement.

It was exactly what Matteo already explained to me!!! My health trend went down and then up again!

I kept going on until half April, four months. At the seventh infusion I started noticing a big improvement of my symptoms, but not as fast as like under cortisone effect, neither like it happened when I got the chickenpox, I mean when I had a spontaneous remission. Here the situation was different: I got a lightly improvement. Then for two weeks my situation was at the same level, that is until the following infusion. After that, I got a new sensible improvement and this new condition was stable until the following infusion, and so on.

Basically I clearly felt that, after every infusion, my body had an improvement and the interesting thing was that this improvement was not gradually, I mean day by day, but it was made of steps, after every infusion.
Every improvement was quantified by a decrease of the daily evacuation number and a bigger thickness of the feces. It happened only with a chelation infusion and it lasted until the next one. It was like, after each infusion, a part of the inflammation was removed and my “crazy” immunitary system became normal a little bit more.

This improvement rate was too much observable and quantifiable that I predicted to be in perfect remission (only one well done evacuation per day) in the middle of June and it was like that!!!

Since that moment no symptoms happen again. I’m in total remission and I’m living an absolutely normal life, as before being sick. Nevertheless the aluminum level in my last exam is still high, but this, which it could seem a contradiction, in reality, it’s not, it’s a good news. In fact that value doesn’t measure the aluminum in my body, on the contrary I’m expelling it. Therefore, the more this value is high, the more I’m getting detoxed. Moreover there is also to keep under attention that the more your body is getting free from toxic metal, the more our bodies improve its degree of auto-detoxifying and therefore the mobility of the same metals increase. Therefore the cases of increasing the heavy metals expulsion rate are not rare, but finally they will abruptly slow down until the end.

In fact what it’s important is that the total level of aluminum in your body decreases and this is verified in my case, in fact in every exam my urine are full of aluminum.

Given that my health now is real good, I decided, according to the doctor, to follow a infusion every three weeks and no more every two, and I’m going on like that until I’ll be completely detoxified.

At this point I’ll get and endoscope examination again to see, if even at the histological level and the macroscopic one, my mucous is came back to the perfection.

Therefore my story is going on, so I’ll keep you informed.

For any explanation or if you would like to ask me something, don’t hesitate to contact me, I’ll be really glad and if you’d like also to meet me in person in Marche or in Bologna I’m here.

Contact me without any problems!!! :-)
In the summer 1999 I felt the first symptoms: diarrhoea with blood several times per day.

The follow year I got the colon exam and I understood I was suffering from Ulcerative Colitis (UC). It’s chronicle pathology, unknown cause, from which at the present it’s not possible to recover.

It was February, I was nearly in the acute phase from a lot of months. The doctor gave me the mesalazine pills and above all some cortisone pills (Delta Cortene). The symptoms almost magically disappear the morning after. In few hours I was back like before. After a couple of weeks I suspended the cortisone, while I continued to get indefinitely the mesalazine, as a maintenance therapy.

I didn’t feel any symptoms for four years.

In the summer of 2005 the symptoms suddenly appeared again and in a few days I was in the acute phase.

I got cortisone again with the same dosage, but this time I had lower result.

In September I got chickenpox. It was a really bad and serious kind due to the immunosuppressive effect of the cortisone which was still in my body. I stayed so bad, but when I re-establish myself from the chickenpox even the colitis was gone, maybe because I had a so strong change in immunitary system.

Nevertheless after a couple of months all was back.

I was always more convinced that the “official” medicine didn’t really understand anything.

A doctor prescribed me an high dosage of cortisone (this time Medrol) and, in some weeks, it went to remission.

In the autumn 2006 the colitis came still back, in a light form. The doctor gave me a cure of cortisone on topical level. It came back to remission, but in January all was back.

Therefore I came back from the first specialized doctor, that one who told me “tell people to go screw themselves”. He gave me some immunosuppressive drug (Azatioprina) without submit me any check in order to valuate if my body could tolerate it. After a couple of therapy months, as foreseen, the Azatioprina had effect and I came back to a complete remission.

In a few days I felt this buzz even only to the littler movement. It was sufficient raising on my feet that I felt my heart beating in my ears and in my head. I was so worried and I got some blood exams on my behalf. Result: my white cell was definitely killed to the lowest value and even the other pointers were so out of the range.

When the family doctor saw the exams he turned pale and ordered me to immediately interrupt such cure with azatioprina, because I had a strong depression of my marrow. I did it and in a few weeks my health condition was quite completely re-established.

In the autumn 2007 the colitis came back.

Day by day I was always more convinced that on the base of the “wrong” immunity answers, tied to these different diseases, there was a common factor: the mercury.

I read that the key point wasn’t as much the assumption of this poison, but rather in the ratio absorption/expulsion.

I also read about Glutathione and its importance in order to detox the body.
Therefore I decided to submit myself to the hair exam. Result: mercury excess.
I fixed an appointment with this doctor and he clearly explained to me the only and real reliable exam in order to check the level of the intoxication from metals. It’s a urine sample after a chelation infusion.
In that time I met Matteo in person for the first time. I met a really positive person. He told me his personal story.
He explained to me that after every chelation infusion his health trend got a decrease phase followed by an increase phase and it continuously happened, but every time the health goes up a little bit more, that is in few words you get a slow but gradually improvement.
Therefore I decided to start the chelation therapy in January 2008. At that time I was in remission phase.
In less then 24 hours from the first infusion, the colitis was switch on again. This sign seems to me being a positive sign, because colitis and metal displacement were in some relationship.
The first exam result showed that the expulsion concentration of aluminium was 6 times more than the value which is considered maximum.
I was so scared and I contacted Matteo several times, in order to ask him how I could decrease the impact of these relapses and in that moment he told me about the Ultrathione pills, which I’m daily getting.
It was exactly what Matteo already explained to me!!! My health trend went down and then up again!
At the seventh infusion I started noticing a big improvement of my symptoms.
Basically I clearly felt that, after every infusion, my body had an improvement and the interesting thing was that this improvement was not gradually, I mean day by day, but it was like a step, after every infusion.
This improvement rate was to much observable and quantifiable that I predicted to be in perfect remission (only one well done evacuation per day) in the middle of June and it was like that!!!
Since that moment no symptoms happen again. I’m in total remission and I’m living an absolutely normal life, as before being sick.
Now my health is real good. I’m going on like that until I’ll be completely detoxified. At this point I’ll get and endoscope exam again to see, if even at the histological level and the macroscopic one, my mucous is came back to the perfection.
14.2 Elena’s story (MCS)

My name is Elena, I’m 59, I live and work in Trieste like employee.

Until October 2005 I lived a normal life, but then, a morning, going into my office, everything changed. I couldn’t tolerate the toner smell no more of the printers and of the photocopiers in my room. I started getting asthma attacks, several disturb to my throat, to my stomach and to the oesophagus with a closing feeling and a suffocating cough, migraine and other pains. Day by day the situation got worst and I started getting pain to all the smells even the natural smells like plants and flowers.

I started the classic sanitary protocol (some exams which didn’t highlight anything in particular, some specialized visits from a doctor to an other one, allergy tests) but I didn’t find any specialized doctor who was able to tell me the cure, an answer or just to realize my disease, in fact they diagnosed me only paranoia and stress, so they suggested me a psychologist.

Only some research through Internet about toner allergy made me met the acronym, MCS (Multiple Chemical Sensitivities) and I found out casually the existent of this disease, so I learnt that it’s a kind of progressive intoxication of the body to the chemical components, which can hit several apparatuses and organs of the human body and damages the immunitary system. The body “surrenders” and doesn’t tolerate no more every single trace of substance which is in the environment, like perfume, personal deodorant, hairspray, every face and body cream, cleansers for the personal hygiene, paints, solvents, glues, insecticides, pesticides, disinfectants, detergents, softeners, tobacco smoke, exhaust gas, the smoke from the stoves, chimneys, formaldehyde in the armchairs, tissues and new stuffs, therefore everything is from petrochemical origin and for my home. Coming closer to another person who was to the hairdresser became impossible, who dressed some stuffs which were washed with a common detergents, who smoked and even reading a book or a newspaper gave me a lot of problems.

With this disease I had to radically change my life style. I restricted both my working activity and my social life in order to avoid both “perfumed” people and dangerous places. Unfortunately I had to carry a little mask on my face with active carbon.

I changed my dietary. I started declining the invitations and this carried me to an impoverishment of my social relationships, I had to renounce to social recreational activity, to my hobbies, even going to a restaurant or to a cinema or to a theatre became a problem, my vital space was dramatically reduced. I adjusted my flat making some “shelter” zones. Now no extraneous can come in my home and I can’t go to my friends home any more. My dresses don’t have to contain any synthetic fibre, the bed linens and the sheets of my bed have to be washed with particular detergent, as the dishes, the floors, the bathroom. In my home I abolished every perfume, I can’t iron and I entrust this job to my patient husband, who was always next to me, helping me to pass the dificulties and renouncing to any perfumes.

On my place at work my boss procured me a special environment in order to be able to work and keep my functions. It’s a room treated with materials and bio-architecture rules and with a purified system which works 24 hours per day and it’s able to filter and keep chemical substances in order to give me the possibility to breath purified air. My colleagues give me the papers and then they close the door.
In these years I found out a little well-being going to a mountain and precisely in a delicious town which is called S. Giacomo in Valle Aurina (Alto Adige). The first year, I arrived there, I found out the existence, in Predoi, to a climatic centre in a not-used copper mine, where speleotherapy is practised. In this mine you can breath an air without pollens and allergens. I decide to try and just the first days I was there I found relief and I immediately noticed a big benefit to my breathing apparatus, which was re-generated from this purified air.

In this Calvary I was able to get in touch with people from all over Italy, who were suffering from MCS, between them someone knew Matteo, they told me about his disease, of his health conditions and about the chelation therapy that he was getting in his city and that it gave him surprising results. The negative answers about the possibility of a cure for the MCS don’t give me any hope, so I decided to get the last effort, and since I needed a special detoxification cures from chemical substances in my body, I was determined to try this therapy in order to expel all the aluminium which, in the meantime, I found out I had. I got in touch with Matteo’s doctor and full of trust (hoping not be betrayed another time from a doctor, who has to be next to the suffering person, supporting him and not leading on, annoying, treating him as mental sick and humiliating him every time he starts speaking of his symptomatology with an attitude which doesn’t respect the person right), I decided to begin this treatment. At the beginning I was so scared, because it was a medicine and I was scared to run a risk about the negative reaction of my body and from the side effects of this drug, but I didn’t want to give up and I told to myself: “just if it works, just if I’m better”. I’ve been going to Bologna since one year and half, in order to get a two hours and half infusion with the administration of a chelating substance (EDTA).

I don’t know exactly what is inside that liquid which flow so slowly in my veins, but the feeling is that after each infusion I’m better, I feel myself nearly re-born. My symptomatology is really improved, I can’t say to be like nothing happened, but my health conditions allow me to get a little social life, come closer with more people (naturally with careful) and I use less the mask. I meet much more people and I can stay in a close room with people who are lighted “contaminated”, but I must avoid people which for me are “dangerous”. I can dress my dresses again, go inside shops, restaurant and even my feeding is less poor, it became a little richer of food. I have more contact with the extern world, I don’t live protected to everybody, I can do more things compare before, even if not too much, but for me it’s a big conquest, a success.

I’m still too far from the completely detoxification, but now I know the way I must get, I see the future with a lot of optimistic and enthusiasm.

If you want to contact me for more information, even if I’m not an expert, my email is fuleleca@libero.it, but unfortunately I don’t speak English (only Italian), Matteo translated my story for you, so just contact him! matteodallosso@gmail.com.

Yours sincerely,
Elena.
Until October 2005 I lived a normal life, but then, a morning, going into my office, everything changed.

Only some research through Internet about toner allergy made me meet the acronym, MCS (Multiple Chemical Sensitivities) and I found out casually the existent of this disease, so I learnt that it’s a kind of progressive intoxication of the body to the chemical components, which can hit several apparatuses and organs of the human body and damages the immunitary system.

With this disease I had to radically change my life style.

In this Calvary I was able to get in touch with people from all over Italy, who were suffering from MCS, between them someone knew Matteo.

I got in touch with Matteo’s doctor and full of trust, I decided to begin this treatment.

I don’t know exactly what is inside that liquid which flow so slowly in my veins, but the feeling is that after each infusion I’m better, I feel myself nearly re-born.

I’m still too far from the completely detoxification, but now I know the way I must get, I see the future with a lot of optimistic and enthusiasm.
Now I'd like to describe some products which, I think, are the best and which I personally tried. I report here the technical descriptions for which, I think, these products are better than the others.

15.1 Ultrathione 1000 and 500

How did it happen that my organism was so intoxicated from heavy metals? All this is due to the association between my gene lack of a Glutathione allele (even if it's only a part of a gene) and the atmospheric pollution, paints (aluminium and lead), amalgams and vaccines (mercury), aspirins, varied cans, pots, biscuits and so on ... (aluminium) and, even if I don't smoke, the passive cigarette smoke (cadmi) are equals to heavy metal intoxication. The famous environment reason?

Both me and all the other my dear friends with MS were really intoxicated so bad. Therefore the spontaneous question is: do have I to get these infusions all my life?

In other words, when I'm detoxificated how can I be like that all my life?

Simple: integrate this gene lack with "something" which contains the enzyme associated to it.

And now I'd like to describe the different possible alternatives:

- Through infusions: every infusion contains 250 mg of Glutathione, but it can not be made every day (I got them in Italy and in Germany). In Italy it costs 100E per infusion once a week... Too scarce the Glutathione quantity and too high the price...
- There are common pills: they contain a reduced quantitative of Glutathione, less than 50 mg, and if you think that the pills are assimilated for a percentage which is inferior than 10%, you understand that the quantitative is really reduced, even worst!
- There is also the third possibility: a pharmaceutical house in Us (NY) sells pills called Ultrathione 1000 Sport and Ultrathione 500. They are stabilized with Vitamin C and therefore for this reason solvents, food colouring are not used. More also they are stabilized with Vitamin C, with a procedure under patent. For this reason this Glutathione goes inside directly into the white-cells and it's assimilated from the body with a percentage which is major than 90% within 2 hours from the assumption. The synthesis method has been patented, therefore it's not possible to get similar pills of different name somewhere else. Ultrathione 1000 Sport contains 1000 mg of glutathione that is the equivalent to 4 infusions. The body absorbs it all! You can get it on medical prescription without side effects!!!

This is the link to the website: [http://www.glutathionescience.com/](http://www.glutathionescience.com/)

A single Ultrathione 1000 blister contains 4 little pills.
- 2 pills of Glutathione 500
- 1 pill of vitamin B and C
- 1 pill of vitamin E
Now do you wonder when you have to get these pills?
When I started the chelation therapy, it was important to integrate vitamins and minerals, which during the chelation were "teared out" and to "even out" the bills with Glutathione. In 4 chelation months I got 4 Ultrathione 1000 Sport packs: every pack contains 31 blisters and it costs about $50. A blister per day. Then I started getting Ultrathione 500, it costs a little bit less, about $40 but it contains 60 pills, therefore 2 months and I continued the chelation.
In addition to the Ultrathione 500 I integrated the vitamins with half pill per day of VM 2000 by Solgar. This is a natural product which is not synthesized with solvents and so on. After about 8 months from the chelation beginning I started getting Omega3 in the evening, without getting vitamins anymore. What about my health conditions in July? I was not tired, on the contrary! I had all the strengths in order to make the treble respect when I was 18! I rock-climbed, run! Gee whiz! If I thought how I was the summer before… (do you remember? I couldn't move the legs, I was on the wheelchair, I couldn't talk, I couldn't move an hand and to see from one eye... )
August arrived, after 19 infusions, and my intoxication level was considerably decreased even if I was still far away from the expected result that is null intoxication.
Then in August I interrupted the infusions and I went on holiday. Here I stopped getting any kind of pill and I started getting Cellfood drops, I'll describe it immediately later. Unbelievable! If before I had an energy in my body I have never had since years, then it was something really unbelievable! I slept only 5 hours per night and so for a month (I was in California and then NY!). When I went to NY I had impressive bags under the eyes and a little later in Philadelphia I run on the famous Rocky steps under the rain "eating" the steps!
15.2 Cellfood

Now I would like to describe you what Cellfood is. It's a product in drops. It releases oxygen in the blood and it's useful to detoxify and to fight the free radicals thanks to its formulation. In fact it contains 78 ionic minerals, 34 enzymes, 17 amino acids. It supplies an insuperable oxygen source, a nutrition system to all the cells, in a way to optimize the absorption, but above all to let this substances free in case of effective necessity.

The main advantages of an integration based on Cellfood are:

- It improves the resistance and energy.
- It protects the lungs and it helps the breathing function.
- It increases the cerebral functions, the attention and concentration.
- It reinforces the immunitary system.
- It eliminates the free radicals in excess.
- It detoxifies, peroxides and nourishes the cells.
- It accelerates the elimination of lactic acid, favouring better sports performance.
- It's absorbed at 95-100%.
- It facilitates the digestion and the global metabolism.
- It's absolutely not toxic.
- It doesn't contain yeast and gluten.

It's able to let free the oxygen only inside the cell and it blocks the free radicals which causes of precocious obsolescence. Cellfood results to be a really strong antioxidant.

- My body was so intoxicated from aluminium because my liver can’t completely filter this substance. This happened because in my organism an allele of Glutathione gene is missing from which the relative enzyme is from: the major antioxidant of human body.
- Ultrathione 1000 Sport conteins 1000mg of Glutatione. This pills are synthesized from Vitamin C. It’s completely absorbed through white-cells. It’s equivalent to 4 infusions of Glutathione. You can get them every day. They don’t conteins preserves, colorings, and so on…
- VM2000 is a vitamin integrator completely natural.
- Cellfood let free oxigen which peroxide the tissues and the body cells, it’s a really strong antioxidant.
16. BUDWIG BREAKFAST (Kousmine diet)

Kousine diet is really inflexible. It has to be followed with a lot of severity and discipline and often it’s not easy to follow it scrupulously. Personally I've always thought that "eating" was a pleasure of life and therefore I couldn’t deprive of it. Even if because in any case working, living alone and eating in canteen I couldn’t success it. 

When I was hospitalized, summer 2006, I met several people and everyone of them suggested me this breakfast. They told me that it was really good and you could eat nothing more during the all morning because it’s a really complete breakfast. I was intrigued and I asked them how it was made and they told me the necessary ingredients. As soon as I heard them I thought: "Disgusting!" then I told to myself: "Chocolate apple is much better...", but once I came back at home I wanted to try in order to see if they were right. From that moment I was addicted to it! It's really delicious! My advice is absolutely to taste it. Breakfast is absolutely important! This is the recipe with all the biologic ingredients, only a little coffee mill is necessary, I bought it for 10/15E and big cup.

- A light white yogurt.
- A spoon of acacia honey.
- A spoon of sunflower oil squeezed cold out.
- Half lemon squeezed out.
- A spoon of flax-seed and a spoon of buckwheat in the coffee mill, then mince them.
- Three, four nuts.
- A fruit in season. My favourite fruit for Budwig is the pear.

Shake all in the cup and then taste this tasty breakfast!!!

NB: from September 2006 every morning this is my breakfast, but not the day I get the infusion. In fact it's recommended not to assume milk and derived products that day. The reason is simple. EDTA finds in the calcium mineral its maximum affinity, therefore eating dairy products, the calcium would be immediately tied, not tying the heavy metals.

- Budwig is a complete breakfast, I tried to interpreted it according to my tastes. Maybe a little bit complecated to carry out but it’s really tasty. It becomes a kind of tradition. I like it a lot.
- It's recommended not to assume milk and derived products that day when you get the infusion, because EDTA finds in the calcium mineral its maximum affinity, therefore eating dairy products, the calcium would be immediately tied, not tying the heavy metals.
17. HEPA FILTER AND NEGATIVE IONIZERS

A lot of “important” diseases have their own origin in the environment in which we spend our time. It's been calculated that one third of the diseases has an environment origin. The domestic pollution has been defined as one of the first dangerous factors for the public health. The polluted substances more dangerous are those which acts at cell level: mainly those carcinogen, allergen (which causes allergies) and air pathogen (which contains virus and bacterial). The sources of domestic pollution are manifold, starting from smokes and unburnt cooking gaseous residuals, from chemical solvents contained in the cleaning products and in a synthetic paints, from the resin contained in the chipboard panels of furniture and shells (formaldehyde) and in various building materials. The products used to clean are solvents, which contain some formeds often too much noxious as whitener, against limestone, trichloroethylene, and so on.

I'd like to tell you about a little "household appliance" which improves the domestic air, in particular where you sleep at night. In fact today it's possible to live in an environment with no toxic substances or at least purified as much as possible, through an air purifier.

What I'd like to show you now it's made of two different parts: from a negative ion generator and from an air purifier made by two filters, the first one is made with an active carbons, the second one with an HEPA filter.

17.1 Negative ion generator

What are the negative ions? They are atoms which has gained one or more electrons, giving them a negative electrical charge.

The domestic pollution and in particular the heavy metals tend to oxidize the human body creating the free radical, portion of molecules. They are often oxygen single atoms which have a positive charge, that is they have already given electrons away. This single atoms tie with other molecules of the body oxidizing them. Therefore the negative ion generator saturates the environment of electrons which go to fill these gaps.

The sea and even more the mountain are environment which are rich of negative ions and for this reason some says that the mountain air "purifies the lungs". The ion generator is noiseless, there are no working engines. In my home it's always switched on, even when I'm not at home.

17.2 Air purifier

It sucks out the environment air through two filters and it improves the air quality. The first one is a filter with active carbons: it's able to keep smell, smoke and dust. The second one is an Hepa filter: it's able to filter 99,97% of domestic pollution until molecules with a diameter equal to 0,3 micron (millionth of meter).

http://en.wikipedia.org/wiki/Air_purifier
http://en.wikipedia.org/wiki/HEPA
There are several products which integrate these three functionalities in a unique product. I use this one, little, quite cheap (about 70E) and nice.

**Respira Pulito Beghelli**

- HEPA filter with high (99,97%) filtering capability until diameter 0.3 Micron.
- Filter with active carbons in order to filter smells and smoke.
- Ionizer with and independent button switch.
- Effective for pollen and dust.
- Three speed functionalities.
- Light indicators.
- Easy maintenance and filter replacement.

I always leave the negative ion generator switched on (it's noiseless) and I use the air purifier only during the night when I go to sleep at the lowest speed. The first night I used it, it got under my skin a little bit, but later I didn't realize it anymore.

- The negative ions give electrons to the molecules which has lost their electrons because oxidized. The negative ion generator allows to fill these gaps.
- The air purifier with active carbons filter and with the Hepa filter is able to filtrate 99.97% of pollution.

Now you can see the difference between my old filters (Hepa and active carbons), I used them for 6 months, and new one... This is the difference...
17.3 Aloe Vera plant
Moreover in my room there is also an Aloe Vera plant. It has an excellent purifying effect through the photosynthesis. If the light is present, this reaction transforms carbon dioxide in water and oxygen. It's a fat plant, so it's not necessary too much attention.

- The Aloe Vera plant is characterized by its high capability to filtrate the air environment.
18. SOME LITTLE ADVICES

18.1 About EDTA too much confusion
I've always heard too much confusion about EDTA. As you can see from the rich reference it's an well-known subject since years.
From what I could learn the unique people, to which EDTA infusions are advise against, are who suffers of tumour, who suffers of serious insufficiencies to kidneys and who had an hepatopathy, for example a kind of hepatitis in acute phase.
Moreover EDTA is a component which is available in all the pharmacies but the main difference about the patient health is from the mix with other components in order to maximize the positive effects. Without knowing these things I was luckily oriented to a doctor from Bologna who is following the guide lines from an American association ACAM, http://www.acamnet.org/ (American College for Advancement in Medicine), which knows very well all these problematic and he's also a great person!

18.1.1 An illustrious opinion: Linus Pauling, nobel prize in Chemistry and for peace.

"EDTA chelation therapy makes good sense to me as a chemist and medical researcher. It has a rational scientific basis, and the evidence for clinical benefit seems to be quite strong. It has a rational scientific basis, and the evidence for clinical benefit seems to be quite strong. Metallic ions play an important role in the formation of atherosclerotic plaque. EDTA removes those ions with relative safety and without surgery. Published research and extensive clinical experience show that EDTA helps to reduce and prevent atherosclerotic plaques, thus improving blood flow to the heart and other organs. The scientific evidence indicates that a course of EDTA chelation therapy might eliminate the need for bypass surgery. Chelation has an equally valid rationale for use as a preventive treatment.
Chelation therapy is far safer and much less expensive than surgical treatment of atherosclerosis. Chelation therapy might eliminate the need for bypass surgery and is equally valid when used as a preventative treatment.

Palo Alto, California, July 1988
18.2 Right protocol for amalgam removal

Every day I read and listen too much confusion about it. I'm not a dentist and not even a doctor, but what I let you suggest are the guidelines from a good sense and responsibility, therefore in particular I suggest to use:

- Dam in order to separate the oral cavity from the tooth under work.
- A nose mask attached to oxygen is used not to breath mercury vapour.
- A dedicated aspirator.
- Activated carbon: 5 grams to ingest 15 minutes before, plus 5 grams after the section.

The week after the amalgam removal I suggest to get vegetal carbon pills, three time per day far from meals. I also suggest to get Vitamin C, for example Ester C by Solgar, an excellent natural product, without impurity.
No more than one extraction per month.

18.3 Using the mobile phone

Why did a lot of people, which I met in the hospital, suggested me not to use the mobile phone without headphone? Until that moment I used the mobile phone without it! Studying how they work, before at the university and then at my work, I realized that they transmit signals with frequency equal to about 2 GHz. This is also the resonance frequency for the water molecules, obviously with really low power.

Although there are not "proved" studying about the connection between the mobile phones with the health, I prefer using them with "care", that is using always the headphone.

The question, which I asked to myself, was which consequences can have the prolong exposure to low power electromagnetic waves at a brain which is rich of aluminium.
My answer was that I prefer to prevent using the headphone.

- From what I could learn the unique people, to which EDTA infusions are advise against, are who suffers of tumour, who suffers of serious insufficiencies to kidneys and who had a hepatopathy, for example a kind of hepatitis in acute phase. Moreover it’s one the major antioxidant, it’s the most important anti-age, it’s indicated for who heart suffer.
- The right amalgam removal protocol is fundamental not to get worst your own health condition.
- The mobile phone works with frequencies that let the molecule water oscillate. It’s not proved the connection with ills, but the headphone could reduce at minimum such risk.
19. PERSONAL CONSIDERATIONS

Just because I got through a luckily series of exceptional events, I ask you with all of my soul and heart not to pretend nothing happen! Now even you know my truth!

I am in! I am here! Therefore don't hesitate to contact me in order to make me all the questions you want!

I need only a Saturday and Sunday, a couch and a sandwich and if I have the money for the travel I'll go to you, without any doubts!

I guarantee I'll make "somersault" and however this is just the beginning!

My email address is matteodallosso@gmail.com.
Instead here you can find two forums for your questions.
English forum: http://groups.google.it/group/matteodallosso-english.
Italian forum: http://groups.google.it/group/matteodallosso-italiano.

I don't want you can think that behind me there is a commercial organization. That's me. That's only me! And my story is all truth. My advices are from my experience and from all I have ever studied.

Get set, Go! After the Conclusions, Annex, References, My Thanks and after What my friends think of me with all of my enthusiasm I'm waiting for your questions!

Thanks so much for your time!

And now who knows if someone listen to me?
20. CONCLUSIONS

Here the conclusions:

- This allele lack (a part of a gene) of Glutathione has been responsible for the intoxication so high from heavy metals in particular aluminium, always more present in the environment where we live.

- In order to know if you are intoxicated from heavy metals, the unique real exam is the differential urine exam after getting a chelanting infusion (EDTA).

- Once you've got the chelating infusion and therefore the EDTA is inner circle, it attaches before with some metals and then, when they are decreased, this EDTA attaches other metals with minor affinity. This is the order in which the main heavy metals are attached: Aluminium, Cadmi, Lead, Mercury. This means that when you get this exam it will indicate a really high aluminium rate, but the cadmi, Lead and mercury rate are lower. That doesn't mean you have no these metals, it just means that at the first infusion the EDTA has attached initially with the most affinity metal carrying it in the urine.

- The CNS is the last part of the body which let free the metals because it doesn't do by contact, but only for diffusion and it’s a slower process.

- The amalgam fillings active a catalyzing effect of this disease. Therefore they are not neither a necessary condition nor a sufficient condition, but they make the process faster and they keep this chronic intoxication alive.

- The magnetic resonance with the contrast agents, which is used to highlighted the possible area with active lesions, is cause of the same symptoms of the multiple sclerosis disease, intoxicating the body with Gadolinium, heavy metal.

- In order to avoid a new intoxication it's fundamental to fill this gene lack easily integrable with pills. Here I presented them, Ultrathione 1000 and 500. They contain 4 times Glutathione level than a simple infusion. They are stabilized with Vitamin C, they are absorbed at 90% directly from white-cells after two hours from assumption, apart from not to contain any additives and preservatives. I assumed the Cellfood drops, which allow the tissue and body cells re-oxygenation. It has no side-effect, not like the ozonetherapy.

- In order to ultimate my well-being I assumed the Methyl B12 spray. It allows to get high dosage of B12 that can support the regeneration of the neurons, preventing from demielinization and supporting re-mielinization.
• The doctors with classic background are convinced that this Glutathione allele lack or in general this enzyme lack is not the provoking reason of this sick. The reason is really simple. From their words, it's proved that the 30% of the people has the same lack, therefore not being the 30% of people suffering from Multiple Sclerosis, this cannot be the cause. Instead I think that this Glutathione lack and therefore the aluminium intoxication, is a necessary condition, that is all the people who suffer from Multiple Sclerosis are so seriously intoxicated, as some scientific studies have already demonstrated Elevated urinary excretion of aluminium and iron in multiple sclerosis (see 22.4 Other important references) and all the exams to all people I know with this pathology, the famous environmental cause!

• Furthermore the aluminium intoxication is the cause of many other pathologies. I have the reasonable certainty to believe that the heavy metals intoxication is the cause of all the pathologies which are actually cured by drugs based on cortisone.
Now I'd like to show you how I am now... (in my blog you can find all the other pictures and movies!). **That's me! Me...!!!**
And that's me while I'm getting a detoxification infusion. I repeat: it's not dangerous if you are followed by a doctor, which follows the ACAM association guide lines.
21. ANNEX

21.1 Exam results

- First magnetic resonance exam result:

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**CASA DI**

**DIPARTIMENTO**

DIAGNOSTICA PER IMMAGINI

N.Prot. 0

Data esame 06-05-97

Medico proponente Dott: 

Via 

Città BO

Medico interno Dott: 

Posizione paziente Pagnate 

Telefono 

Indagine RISONANZA MAGNETICA 

Nato il 18-05-78

---

Referito

Esame: **ENCEFALO + MDC**

L’esame RM dell’encefalo completato con l’impiego di mezzo di contrasto paramagnetico, ha evidenziato linea mediana in asse. Sistema ventricolare regolarmente rappresentato. Si segnala a livello della base del corno posteriore del ventricolo laterale dx. la presenza di piccola formazione ad elevata intensità di segnale nelle sequenze T2 di non univoca interpretazione. Non si segnalano lesioni focali o segni di massa delle strutture sopra e sotto tentaliali esaminate. A giudizio del clinico, può essere utile controllo a distanza.

Il Responsabile
• Liquor exam result:

REGIONE EMILIA - ROMAGNA
AZIENDA OSPEDALIERA DI BOLOGNA

OSPEDALE POLICLINICO via Bologna

LABORATORIO CENTRALIZZATO
SETTORE DI BIOCHIMICA AUTOMATIZZATA

Dirigente: DOTT. [Redacted]

PAZIENTE: DALL'OSSO Matteo


ESEGUITO ISOELETTROFOCUSING SU SIERO E SU LIQUOR.
SI EVIDENZIANO, IN ZONA BASICA, IN SECONDA E TERZA ZONA DI pH, BANDE OLIGOCOLONALI.

• Second magnetic resonance exam result (08/11/2006 Study Report), you can download it in the download section (http://www.matteodallosso.org/eng/?page_id=6).

The exam was made with a Fast Spin Echo DP and T2 technique before and after the administration ev of mdc paramagnetic; some oriented sequences according to an axial floor with sections of 5 mm width were shot. The exam has been compared with the previous one made in another location in 05th of June 1997. As far as possible the comparison evaluation with the different technique between these two exams, today it's documented a bigger clear increase of the lesion load for the appearance of a lot new focal area with iperintesity in the sequences with long localized in bilateral hemispheric side, in both the posterior medium cerebral spaces with floor level of the IV ventricular, mesencephalic located, in the right cerebral space, at right talamo-capsulare, bilateral periventricular and in both the semioval centres. Basically the ventricular system dimension and the subaracnoidei spaces are the same. After a somministration of ev made of gadolinio, it's documented two lesions with nodular enhancement in temporal periventricular site and in the left semioval centre. Conclusion: the exams has documented a clear worst picture and the precence of two lesions with "activity" action.
Third magnetic resonance exam result (02/14/2007 Study Report), you can download it in the download section (http://www.matteodallosso.org/eng/?page_id=6).

Inspection reason: iconographic check referring to multiple sclerosis. The exam was made in base condition and after the administration of mdc paramagnetic with multiplanar and multiparametric acquisitions included T2 and T1 sequences and FLAIR sequence. The comparison base is the previously exam which was got on the 11st of August 2006. Comparing with previously control a lesion hotbed seems to be present. It seems to be recognizable corresponding the right medium space cerebral. Active lesions are not present. No collateral problem.

Fourth magnetic resonance exam result (05/28/2007 Study Report), you can download it in the download section (http://www.matteodallosso.org/eng/?page_id=6).

Respect with the previous exam, which was got in another location on the 14 of February, new demielinization lesions are observed, diffused to both cerebral, cerebellar and truck hemispheric. That with major dimension are in the left semi oval centre in front-base homolateral site; after Gadolinium administration they show a “cercine” absorption. Others littler, which show a points source pathologic absorption, are focused in the right front cortical, bilateral radial crown, specifically to the left and multiple perigonal to the right. No meaningful changes to the other finds.
21.2 Hospitalization in July 2006

Regione Emilia Romagna
AZIENDA OSPEDALIERA DI BOLOGNA
Policlinico S.Orsola – Malpighi
Dipartimento di Medicina Interna e dell’Invecchiamento
U.O. Medicina Interna
Dir. Prof.

24/07/2006

Al Medico di Medicina Generale
Del Signor Dall’Osso Matteo (18/05/1978)
Relazione clinica del ricovero dal 20/07 al 24/07

Egregio Collega,
viene dimesso in data odierna il suo paziente con diagnosi di:
“Riacutizzazione di Sclerosi Multipla.”

Il pz giunge alla nostra osservazione inviato dallo Specialista Neurologo (Dr. ) cui il pz si era rivolto per la comparsa di difficoltà, da 3-4 giorni, all’eloquio per disartria ingraevcente e difficoltà all’ortostatismo e alla deambulazione.
All’esame obbiettivo: nistagmo laterale bilaterale, esaltazione dei riflessi osteo-tendinei agli arti inferiori.
Il laboratorio non ha segnalato alterazioni di nessun tipo salvo lieve iperbilirubinemia a bilirubina non coniugata peraltro nota; in particolare nella norma la funzione tiroidea, renale e le crasi ematica.
Il pz è stato trattato per 5 giorni con somministrazione e.v. di Solumedrol 1gr.
La sintomatologia al momento della dimissione è lievemente migliorata ma tuttora presente.
Lo consigliamo di contattare il Neurologo di riferimento fra qualche settimana.

Restando a disposizione per eventuali chiarimenti, cordiali saluti,

Il Medico Specializzando
Il Medico di Reparto
Il Direttore
21.3 Hospitalization in August 2006

FONDAZIONE CENTRO S. RAFFAELE DEL MONTE TABOR
ISTITUTO DI RICOVERO E CURA A CARATTERE SCIENTIFICO

UNITA' OPERATIVA NEUROLOGIA - NEURODIAGNOSTICA
NEUROFISIOLOGIA CLINICA

DIRETTORE Prof. [NAME]
PROFESSORE DI NEUROLOGIA
UNIVERSITA' VITA-SALUTE SAN RAFFAELE

Milano, 8 settembre 2006

RELAZIONE CLINICA RELATIVA DALL'OSSO MATTEO DI ANNI 28

DIAGNOSI ALLA DIMISSIONE: SCLEROSI MULTIPLA A RICADUTE E
REMITTENTE CON ACCUMULO DI DISABILITÀ.

Motivazione del ricovero: paziente affetto da sclerosi multipla secondariamente progressiva esordita acutamente nel 1997 con episodio di diplopie nello sguardo in alto e a destra. Per tale disturbo il paziente effettuava una visita oculistica (paresi VI^ n.c. in occhio di destra) ed eseguiva una risonanza magnetica dell’encefalo con mdc che documentava a livello della base del corno posteriore del ventricolo laterale destro la presenza di piccola formazione ad elevata intensità in T2 di non univoca interpretazione. Visto il perdurare della sintomatologia sovradescritta, il paziente veniva sottoposto a puntura lombare in regime di Day Hospital (indice di Link 0.7; presenza di bande oligoclonali) e veniva trattato con cortisone ev (1 g. die per 4 gg.) con completa regressione della sintomatologia.

Nel luglio del 1998 il paziente riferiva la comparsa improvvisa di ipoestesia primaria alle dita della mano destra e successivamente all’intero arto superiore edemtrono di destra, cui si associava anche un deficit di forza nella mano di destra. Veniva trattato con terapia steroidea e.v. ad alte dosi (1 g. die per 4 gg.), e successivo tapering ,completa risoluzione della sintomatologia, eVeniva in tale occasione posta diagnosi di Sclerosi Multipla.

Alla fine di Novembre del 1998, il paziente presentava un’ulteriore ricaduta caratterizzata da instabilità ed inordinanza nei movimenti degli arti inferiori, per i quali il paziente veniva trattato con terapia steroidea ev con parziale beneficio (permene tuttora parziale deficit di coordinazione degli arti inferiori).


Fino al 2004 il paziente riferisce l’assenza di comparsa di nuovi sintomi, e di avere avuto come unica disabilità una difficoltà nella corsa.

Nel 2004, a seguito, a detta del paziente, della esposizione a fumi e solventi tossici, il paziente riferiva la insorgenza acuta di sintomatologia caratterizzata da vertigine oggettiva, inordinazione motoria e pesantezza ad entrambi gli arti inferiori, e mancanza di coordinazione dell’arto superiore di sinistra. Tali sintomi peggioravano lentamente nell’arco di alcuni giorni, fino a portare il paziente a deambulare per non più di 10 metri con necessità di appoggio al muro. A tali disturbi, si associavano aumentata frequenza minzionale ed incontinenza urinaria. Tali disturbi presentavano un parziale recupero nelle settimane successive.

Nell’aprile 2006, nel sospetto di intossicazione da metalli pesanti, il paziente veniva ricoverato presso una clinica privata a Monaco dove veniva trattato con terapia all’ozono e flebo di vitamine (vitamina B e C; acido alfa-lipoico e glutatione) per 10 giorni. Il paziente riferisce che a seguito di tale trattamento scomparvero i disturbi minzionali e miglioravano anche i disturbi alla deambulazione esito della precedente ricaduta.
21.4 Email correspondence

I report in this paragraph the correspondence by email between me and the San Raffaele doctors following my decision not to keep going the immunosoppression cure by Mitoxantrone.

From me to doctor  
Jan 5, 2007 1:14 PM

Good Morning , how are you?
I'm quite fine, now I'm at work and I have just 5 free minutes, before keep going after the lunch break.
I'm writing you this email because I had no possibility to reach Doctor by phone, I tried several times to contact him this morning, after hearing his message in my answering service.
Therefore I have the possibility to inform you too, if you can also forward this email to him you'll make me a big favour.
For which reason I write you:
As far as you know, and if you don’t remember there is no problem, this Monday I should get a Mitoxantrone infusion
Now I'm telling you “I should” because it's my precise intention not to keep going such cure. Now I know that you think that the merit of my improvement is in the cure you have prescribed me and I would like REALLY to let you understand that I don’t want absolutely to put your professionalism into question. You shouldn't be regarded the best in the world. Since several time I felt these sensations and I can't ignore them. These sensations are more than motivated from some facts I CAN'T absolutely ignore anymore.
My body was really strong intoxicated from heavy metals and I know well that they are not at the origin of plaque, but after being detoxificated (and other 3 months miss), I resumed to do a lot of things, which before were only a dream! For example: I write on the keyboard WITHOUT seeing the buttons, I don’t loose my equilibrium anymore, I feel I'm physically reborn and these changes exactly the day after I’ve got the EDTA infusion, which I have to get once every 2 weeks as protocol. I couldn’t believe it neither me, even if in reality I hoped it. Furthermore I follow other cures, really natural which gave me more élan vital and strength. Therefore I know that in this moment I’m renouncing at an “occasion” or at an “opportunity”, but I prey you to believe me when I tell you that it’s not my UNMOTIVATED choice and I know you would make EVERYTHING in order to let sick people stay well. I feel only this is not my road. And in any case I'll keep ALWAYS under control in order to realize if things get worst, for example on the 14 of February I'll get a magnetic resonance. AND I'D LIKE TO THANK YOU FOR ALL THAT YOU HAVE DONE (and still doing) FOR ME.
I hope you could understand me,
Thanks with my heart,
SEE YOU SOON!
From doctor [REDACTED] to me  

Matteo,

I've read your email only today. I'm happy you feel good. But sure you're a good foolish! You're obviously free to do whatever you want of your body and of your disease. I have no any prejudice, I have no blind faith in my science, which leaves unsolved too many problems, and I studied everything, and I tell everything, I think it could be potentially relevant in my field, from quantistic physic to acupuncture. I have nothing against EDTA and in fact I won't tell anything against your choice to do it, but you don't carry out one argument, only one argument, to suspend the Mitoxantrone cycle. "I feel this is not my road" is an empty affirmation, full only of an empty suggestion, it seems it's taken from an adolescent diary, and not from an adult who is engaged with a serious problem. Couldn't simply get both of them? Moreover it will be finished, you can't get more than tenth cycles. On the contrary, the efficacy of only two cycles is really too limited on long period. Therefore you got the dumbed to start, taking the risks (in reality low) and not the benefits. Frankly speaking it seems it has no meaning. Unfortunately you've already jumped nothing so terrible, you could repair it. What I've never understood in patients who choose an unconventional medicine (and sometimes even the doctors who administer them) is the antagonist spirit against the evidence based medicine. And in fact they are defined alternative, while maybe the medicines, all the medicines are simply complementary.

You renounce at a therapy which is effective proved (it means that in a check study, hundred of patients has shown benefits if compared with not checked patients) and you do it without adducing any reason, have courage to tell it to you. Maybe you like being out of the schemes, maybe you think if you cure yourself in an anomalous way even your disease will be anomalous. The magnetic resonance on the 14th won't show any surprise, the Mitox will have switched off what was active, if it was. But the lesion load will be the same and every switched off lesion will work in the shadow generating a new degeneration. Don't thanks me when you are back in ten years asking for further cures, treated really badly than today, I won't be glad at all and I will regret not to found the right words to let you get the little sure things, not miraculous but with sure effect. You think to be right but you are a foolish, Matteo, I'm sorry but that's my opinion. A nice foolish but foolish. At least do the physiotherapy, do it as much as you can, play less with computer and with the virtual reality, go out to live the real life, and who knows that a gumption woman let you put your feet on the floor. Now I have to tell you the last thing, really serious. Do all the advertising you want about EDTA, but don't disappoint me to find out that you dispense suggestion to others against the therapy of the scientific medicine. There are too many people who have MS and they have really no instruments, even only cultural, to make fully aware choices. You are free to close your balls in a drawer, if you like it, don't get the Mitox, to cure or not to cure yourself as you want, but you can't extrapolate to others your experience, even not compared with who saw thousand cases. Even yours, in a lot of directions, is a movie which has already seen. However I'd like if you could surprise me changing idea, privilege which is only in the smart people and with sufficient intellective humility.

An embrace,
Dear [Doctor],

thank you for your ready answer. I admit that about a lot of things you are right.

- Am I dumb? Yes I am.
- Am I a nice foolish? Certainly I am foolish, nice only sometimes.
- Am I an eternal adolescent? Yes I am, and I like it.
- Maybe do you like to be out of scheme?” No, I like the schemes, but I like to solve them.

Granted that I would like to solve you this little problem:

- “What I've never understood in patients who choose an unconventional medicine is the antagonist spirit against the evidence based medicine.”?

I confirm that there is a little antagonism, maybe because I DON'T want to give up and instead “playing” in defence we like to play in “attack”.

Also for me the medicines are simply complementary, like for ALL the civilised doctors, I think.

What motivates me not to believe in “you” anymore it’s that only after 3 infusions of EDTA (no side effects, made official by minister of health) I resumed to do ALL the things I made before. I walk without loosing my equilibriu m, I see well, I move the left hand again. And for what? Why didn’t you get me this exams at SR? I spent there 1 month?

I felt all these effects, which are not a miraculous, the day after! I went to work and after 20 minutes I realized that I lived a nightmare and I was writing with 2 hands without seeing. Or like when I ate in lunch break, before I had to remain leaded on the rail in line not to fall down and now I am able to run up on the steps and walk really fast going down.

Gee whiz, even if it’s made from “speculator” (not every one, only the “boss”) they are always doctors (I refer to the German doctors) which made me this diagnosis, after TRUE proved.

- You renounce at a therapy which is effective proved (it means that in a check study, hundred of patients has shown benefits if compared with not checked patients) and you do it without adducing any reason, have courage to tell it to you.

“This procedure effective proved” gave me some “interruptions” to my heart. What does it mean? It means that suddenly after getting the Mitox infusion I felt that for a second my heart stopped beating (and this until two weeks after) all two times. Difficult sensation to describe. Now this sensation is gone and it doesn’t happen again (2 months are gone from the last one). And then I think: and if at the end I get 10 of them? Now I resume to jump again. Now I’m able to stay on one foot for 4 minutes and half at my right, two months ago 10 seconds, 2 minutes for my left foot and always the day after getting EDTA infusion.

And then I wonder why I had to suffer so much this summer, when it was sufficient so little. And I prey not to believe they are ONLY suggestions of a "adolescent kid", because it’s NOT like that.

My work carries me to be more cynic and pragmatic and NOBODY is more clear-headed than me in this moment.
I could describe you the electron trajectory inside a cathode-ray tube with a differential equation system. I was 16 when my institute selected me on 2000 guys in order to participate at chemical games and I was 21 when I got the first 30/30 at the university. I was 24 when I got a MarieCurie fellowship as a abroad researcher.

Then "the king" comes to me to tell to my parents that I'm not able to understand anymore. What? And then? How is it possible? Could anybody understand me? Am I the only one who got this kind of things?

Then it happens that at SR I met a lot of people who got my same disease, obviously we shared our opinions and our experiences and in any case there is something similar. Glutathione lack in some cases, exams made in Pisa, which made me rethink of me and of them!

Obviously we see each other again, even recently it happened. And they looked at me while I laughed, jumped, I enjoyed myself, danced in the club as a crazy boy. Do you remember what my conditions were, don't you? I couldn't walk, I couldn't move the hand, I couldn't see at right.

And then how I can ignore my sensations, the one who motivated me to find out one of few serious doctor, who works not for money and who knows a lot about EDTA (because the 99% of doctors are wrong when they use it), who DOESN'T ABSOLUTELY tell me not to get Mitox, he just asked me to do what I felt. And the other guys (OBVIOUSLY WITHOUT giving up the official medicine) got the same exams which I got. Result? We were all intoxicated from Aluminium (who 3 times the maximum limit, who 5 times), some traces of Mercury and a little of Lead, nearly nothing Cadmi (even if the cigarettes inhibit my breath).

And all of them got the same benefic effects that I got. And so am I the only one?

I know well the story of guys who were detoxicated from Aluminium and now they are sitting on the wheelchair, but they didn't follow what I've been getting, therefore these examples loose them values.

And how do I believe that my beating heart is not to underestimate?

And I think this doctor is the book co-author of the book I gave you, he cures the children who suffer from Autism (Mercury intoxication).

And then there is A LOT MORE I'd like to tell you, but I DON'T want to abuse your time and your passion who made of you a big!

Maybe it doesn't get you any effect, but of all doctors I met, you are the unic one who has a place in my heart. I'd like to talk with you about all the rest of things (REALLY IMPORTANT!), but in reality I'm "a little bit tired" to not to be heard and so I start answering in evasive way, as in my previous email.

You know that I love you and I thank you for EVERYTHING.

THANKS SO MUCH!

PS: I think today I'm gonna have the overwork... :-)

a dear embrace,

Matteo.
Matteo,
I'm gonna be laconic otherwise we start an long romance:

- if I thought you are not lucid I would not waste my time to write you
- the same if I thought you were a kid, I'm not your father.
- you are able to solve the differential equation, anyway you go on to escape from any principle you use in your work: if a driver arrived to you telling you that when he fills the tank with the [oil] oil, the engine gives him a "strange sensation" and therefore he doesn't want to use it anymore, you would answer him that every his colleague and nobody laments. If he insisted on it, you would ask him to let examine the engine in order to prove it works fine, if after the inspection well done, he insisted again, you would call the psychologist informing the FFSS (the main company) of his driver who got an malaise problem. That's you case, during the Mitox therapy you were under hearth controls and what you have been getting were perfected. Prove me that you get something different from a sensation! Otherwise yours is a comfortable position of who enunciates something which is unprovable and therefore incontrovertible.

You won't succeed to let me tell you something against EDTA (W EDTA if it lets you stay well!), I have my idea, therefore I think your motivations for the suspension are insubstantial and they are the result of an opposite attitude. In few words, you have prejudice. Maybe it's due to the head physician who is without sensibility. [he] is a great man and he doesn't deserve to be get rid of that.

Anyway my decision is not the challenge. I don't know what you have to prove and to who, but I just know that for my experience you're going to pay it, as you've already paid and I'm disappointed.

I haven't ever seen your not nice character, it will happen. But who knows if the dumb are gonna away?

Bye
From me to doctor

Dear [ ],
the same with the long romance.

- Prove me that you get something different from a sensation! Otherwise yours is a comfortable position of who enunciates something which is unprovable and therefore incontrovertible.

I'll get the exam, and if it's ok (and it will because now I don't feel the problems anymore) I can't renounce to follow my sensation and my intuition (I also know that it's unprovable).

Sometimes I wonder what the SR doctors are looking for? A way to understand what the disease origin is (and maybe it will be an unsolved problem for all your life), or the less invade way to help people like me?

Then I read this file, who was sent to me from another researcher who got the MS and how can I don't think about it? How I can not to think that if I was not me now I can't move my hand, can't dance in the club, can't to stop the dizziness. And the SR doctors plays with our fears, as "the king", who has exploited my disease to let be trusted by my parents.

I've got the first Mitox infusion because I had no alternatives. Do you remember "the king" word, because I DON'T forget them: "Or you get so or this is the door and the doctors won't ever be interested in him".

And which kind of impact can be a sentence like that on 2 parents who has no way to understand. I'll tell you.

After the first Mitox infusion I've been off for one week, apart hearth problem.

Physically I was definitely down! I've got 3 blood exams. They are not lethal, but the thought to go to check something which is made on the trust of people who didn't try ALL the possible ways before engraving so much my life is REAL strong.

Then you reborn after 3 EDTA infusions, REBORN, and I repeat, after 3!

And then you decide not to get Mitox anymore. Decide not to get the second Mitox infusion and your parents go to the Carabinieri (local military police) to denounce me as "mind insane".

And then in order not to give this displeasure to the people who gave you all their possible love, you decide to get the second Mitox infusion, even because you have been living under THEIR roof!

And the routine is repeated. KO week, heart and blood exams.

Since I was reborn I rented an apartment, I painted it (obviously with a 100% natural paint, I can even breath inside, being tricked once is ok, twice no!) and I furnished building the furniture alone. You should see it! And everything with the money I earned working. AND ALL ALONE!

Go living alone!

Then the day you have to get the third Mitox infusion comes.

What had I to do? If not the choice I've ever made? And the question is: if instead 10 Cortisone infusion and 2 Mitox infusions I immediately got the EDTA?

Maybe I could avoid the 2 Mitox infusions.

And so I talk to the people who said that what is important is the serenity of people and the quality of life.
I've been gone through nearly 10 years with Multiple Sclerosis and I'd like to "challenge" you to tell me "which accumulate disabilities" I got. For the moment Mitox is enough! I'm nice dumb, but I'm lucky not to be scared of the disease, which has been living with me since 10 years.

Clearly if I were you or in [ Uncle ] I'd try to let me think of my "future" in any manner. But I have to think before at my "present". And my "present" tells me all these things.

Obviously I didn't get rid of [ Uncle ], reading in his heart I read the same passion I read in yours and I pray you to let him read my emails too. But even in my heart there is a passion and an EXTRAORDINARY willing of life and of winning.

Mine is not a prior decision about Mitox, it's at the moment. For the moment my life goes on REALLY positive. Obviously the physiotherapy is my second home, and apart running for the rest I've resumed ALL.

- I don't know what you have to prove and to who, but I just know that for my experience you're going to pay it, as you've already paid and I'm disappointed.

**I answer you with your affirmation:** "Prove me that you get something different from a sensation! Otherwise yours is a comfortable position of who enunciates something which is unprovable and therefore incontrovertible."

In any case I'll pay it, I choose the one which gets me well now. I choose to stay well today, hoping staying well even tomorrow.

A dear embrace,
Matteo.
Dear Matteo,

I answer you too considering that let me know about this correspondence. I'm embittered, because I thought the words of two serious people like and me could let you help to understand, even if not convinced, about your health. I'm also worried for your health because you cannot effort to waste time and get the cure in late which is fundamental, holding your present clinical condition. The alternative cures, which you're getting, can be absolutely a subjective benefit, but THERE IS NO ANY SCIENTIFICAL DIMONSTRATION WHICH RETARDS THE DISEASE PROGRESSION OR WHICH SWITCHED OFF THE INFLAME ACTIVITIES(*). The magnetic resonance of the brain, which you'll get, if not showing activity lesion, it will be only thanks to 2 Mitoxantrone cycles which some wise people suggested to you.

Allow me an example. If I have to build an house, I know what I need. I have to trust of an engineer and workers who help me in my project. I can't build it alone. I can choose between some available engineers and my choice is based on their seriousness, on what other people say about them, and on the sensation they give you. I believe you are trying to build an house, but you are trusting of wrong people and not in who try to give you more guarantees.

I would like to allow myself to tell you that me and even , who I know really well, are, from a human point of view, every day confronting with a lot of questions and we effort critical difficulties to suggest painful therapy to patients like you. If we did it, it's because it's absolutely necessary. I end wishing you a good luck. Doctor-patient has to trust each other and in our case it's not like that anymore.

(*) Personal note: see “Elevated urinary excretion of aluminium and iron in multiple sclerosis”, Keele University 17 February 2006
Dear [NAME],

thanks being so explicit in the email and I’m sorry for the "late" of my answer, I reflected a lot.
Surely this is a complex problem and comparing with complicated problems, the first one has no a unambiguous solution.
Therefore I don’t believe I could talk about a conclusion, at least not for me.
What I can tell is about a decision which I reached with time and being lucid with moderation.
The truth is that we think different, both of the disease origin, on the course and on the cure.
Therefore I need time to reflect and you were REALLY right to be so explicit with me.
I know well that you and [NAME] love me and YOU CAN’T IMAGINE HOW MUCH I LOVE YOU!
But at the moment I "need" time. That’s all.
And in any way I can’t not to ascertain "your" absolutely "close mind" (clearly I don’t refer to you directly!). As much as it appears, you don’t close every open port to EDTA, but only not to interrupt your cure.
I perfectly remember the words of the doctor [NAME] which is considered from you a person who cure with science and conscience: "Don’t worry, you’ll be tread for what you have".
And I can’t not to ascertain that it was NOT like that or at least in complete way. And luckily I thought by myself.
And then if I think again to your director words, my nearly certainty about "your" closing mind become nearly reality. I don’t speak about you directly!
Considering that you don’t believe to what international important Doctors said I would like to suggest you to chat or to visit the Prof [NAME] website, who is CNR researcher from Padova about neurological damages from Aluminium. And you didn’t reply to me about "my right" question why you DIDN’T GET ME an exam to know my metal dosage during a month I spent in hospital. The toxic metals definition doesn't leave any interpretation of their potential dangerous!!
I got other opinions from other people in international field and for this reason I’m confused.
Aside from the love which feel each other, luckily I followed their suggestions, but above all my instinct.
Even if I agree with [NAME] that the therapy can be simply complementary.
I don’t know what to think, which pain is the lowest.
I recognize that between 2 Mitox infusions (which I’ve willy-nilly already got) or getting 3 it WON’T change so much, or at least I think. But then certainly going on it will change!
Therefore I’m hypothesizing to get the third and LAST Mitox infusion, ONLY FOR THE LOVE YOU WANT ME!
I cannot before Thursday to be free.
Therefore I would ask you to chat with this CNR researcher and now I’m asking you not to have any prejudice: Prof. [NAME]: [NAME]
I also recognize a "viral" origin. But I’m moving in other ways that I can guarantee to be "state of art" and not dangerous for health. But I’m scared to talk with you if you couldn’t even accept what I’m trying to let you understand since more than 5 months.
Thanks for the good luck!
Could you let me know if it is possible on Thursday. I'm not 100% sure to do it, maybe from today until Thursday I'll change my idea. I don't know. I'm confused. And confusion generates fear. And it's a FEAR I REALLY CAN'T describe.

**My conclusions are that I thank you even only for the love you want me!**

**THANKS SO MUCH GUYS!**

**THANKS WITH MY HEART!**

**REALLY THANKS!**

Matteo

PS: this is just a paper I read on the web. How cannot I give it the right importance, after what I've lived?
From dott. [redacted] to me  Jan 12, 2007 2:21 PM

Dear Matteo,

I talked to the nurse [redacted], who said to me to contact her dialling the number you already know ([redacted]) in order to arrange a new appointment for the Mitoxantrone therapy.

21.5 Email attachment

Multiple Sclerosis

Multiple Sclerosis is a disease of civilized man, and, like many other diseases of our modern age, it is a disease of an overactive and misdirected immune system. The specific reasons for this are unclear, but a prominent theory relates heavy metals like mercury, lead and aluminum as the agents that might replace normal molecules in the myelin sheaths, leading to an onslaught of free radical damage which destroys the myelin sheaths, resulting in MS. In addition, the immune system now sees this tissue as foreign, because of the replacement of heavy metals, and produces antibodies which attack the myelin, leading to further damage.

The toxic effects of heavy metals and chemicals are increasingly being recognized by the medical profession as the root cause underlying much of mankind’s suffering. The December 1992 issue of The American Family Physician, published by the American Academy of Family Physicians, devoted an entire article to the signs, symptoms and causes of mercury toxicity, and also recommended chelation therapy as the treatment of choice for this affliction. In January 1993, the journal spoke of the ill effects of lead toxicity and recommended chelation therapy for this problem as well. Both mercury and lead can inflict terrible damage upon any tissue.

Just how do mercury and lead damage our bodies? We find the answer to this question easier to understand by thinking of an analogy. Let us see our body as if it were a building. Buildings are made of materials such as wood, concrete, plaster, drywall, etc. The materials which make up the form of the building are held together by nails, bolts, screws and rivets. All buildings are designed according to a plan or blueprint. They need to be carefully assembled. Their form and their function are intertwined. If the form of a building is damaged in any way, its function or performance is, of course, altered. Just as the building materials for a house must be carefully and intelligently put together in the right way, in the right order, and with the proper building tools, so it is with living structures. Our body is no exception.

Electrons are the binding materials holding molecules together. They are the rivets, bolts, nails, and screws of the body. Electrons are usually intended to be in pairs as they whiz around the outside of atoms and give stability to the form of the atom or molecule. When for any reason these paired electrons become separated, the molecule is damaged. These damaged molecules are called "free radicals" and are highly reactive, attacking cellular structures to greedily grab electrons in order to become paired again. Usually there are ample free electrons in the vicinity to satisfy the demands of the free radicals, but when the level of free radicals increases beyond a certain point, the cellular protective electron-donating mechanisms, which usually keep these molecules in check, is exceeded. When that happens, great numbers of these free radicals or, in our analogy, terrorists’ bullets, are unleashed, all greedily looking for electrons wherever they can be found. So, when heavy metals are in body tissues, there is free radical destructive activity going on constantly. Rapid aging and degeneration are the results.
The central nervous system (CNS) is the most delicate and ordered of all our systems and, as such, is the system most susceptible to damage. In our analogy, the CNS is something like the electrical system of a building. It is sobering to realize that the CNS acts like a drainage sink for these metals. Since MS is a disorder affecting nerve cells, it only makes sense that there may be a connection between heavy metal toxicity causing free radical damage in the CNS and MS.

Our fragile CNS is usually protected from invasion from outside offenders by an efficient, effective barricade known as the blood-brain barrier. Unfortunately, this barrier does not protect us from substances which were intended to be left deep within the depths of the earth in an ore called cinnabar. Mercury and lead, when inhaled or ingested into our bodies, are absorbed into the blood stream and easily cross over the blood-brain barrier to be distributed throughout precious neurological tissue.

Mercury is a Universal Poison. Mercury toxicity can cause nearly every disorder known to man. Infants born to women who had ingested flour made from grain treated with a mercury-based fungicide had brain damage manifested by mental retardation, deafness, blindness, and cerebral palsy. Mercury ingestion leads to delayed CNS symptoms which may not manifest until months after the initial exposure. Early symptoms, according to the American Family Physician article, are often non-specific, such as fatigue, blurred vision, hearing loss, ataxia (unsteadiness of gait), paraesthesias (sensations of pricking, tingling, or creeping on the skin), malaise (tiredness or fatigue), and impaired taste or smell. There may also be CNS signs and symptoms including psychological changes, insomnia, loss of appetite, excessive shyness, emotional instability, irritability, depression, headache, and short-term memory loss. Tremor is characteristic of exposure. Tics of various sorts and limb weakness can also be mercury related. Sound like MS?

Although the cause of MS is unknown, some conventional explanations include the viral theory. But a virus doesn't stand a chance of entering our cells if our cells are strong and healthy. Viruses are, in reality, rather puny opportunistic "seeds" and only enter cells that are weakened and defenseless. The deeper question is: Why are previously healthy cells becoming unhealthy? Once the underlying cause or causes for unhealthy cells is known, we can get to the root of the problem. Simply stated, if we can make cells healthy again, there will be no MS. Because heavy metals can enter into delicate nervous tissue and cause damage, a therapy aimed at removing the cause for the damage would be beneficial. That therapy is known as chelation therapy.

What is chelation therapy anyway? Chelation is the way that reactive metals with electrons spinning around them are put in "cages" called chelating structures so that they can be carried here and there and not react with one another. If they go too close to delicate living structures they might react with them and damage them. Hemoglobin, myoglobin, chlorophyll, aspirin, penicillin, etc., are common chelators. Physical life as we know it could not exist without chelation. Chelation therapy infuses into the blood stream a claw-like molecule ("chele" means claw) called EDTA (ethylene diamine tetraacetic acid) as well asher types which enclose and secure a heavy metal atom, so it can then be taken safely out of the body in urine, stool, or sweat. Chelation used in this way is a process of detoxification.

Very often the heavy metals that caused this neurological process have also caused damage to other organ systems leading to a "multisymptom diagnostic dilemma" (chronic illness) with free radical damage that is diffuse and in need of repair. In order to help this individual's body to heal, it is necessary to remove the "burdens" like the heavy metals, chemicals and any occult infections that may be present. Nutritional insufficiencies are also a major factor in any chronic illness.

In summary, figure out what the "burdens" are in the multiple sclerosis patient and you are on your way to healing the body.
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University of Washington School of Medicine
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American College for the Advancement of Medicine

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22.3 Cellfood

Potenziale utilità di Deutrosulfazyme® nel trattamento dell’asma
Eugenio Luigi Iorio

DEUTROSULFAZYME ®: un potente antiossidante
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Il doppio volto dell’ossigeno e il paradosso Cellfood®
Un PASS per il BENESSERE
Pool Antiossidante, Sinergico, Sistemico
di Eugenio Luigi Iorio MD, PhD Presidente Osservatorio Internazionale Stress Ossidativo, Parma

22.4 Other important references

Christopher Exley(1), Godwin Mamutse(2), Olga Korshazhkin(3), Eleanor Pye(2), Stanislav Strekopytov(1), Anthony Polwart(4), Clive Hawkins(2).
(1) Birchall Centre for Inorganic Chemistry and Materials Science, Lennard-Jones Laboratories, Keele University
(2) Department of Neurology, University Hospital of North Staffordshire, Keele University, Staffordshire, UK.
(3) Institute for Science and Technology in Medicine, Keele University, Staffordshire, UK.
(4) School of Life Sciences, Huxley Building, Keele University, Staffordshire, UK.

The beneficial effect of amalgam replacement on health in patients with autoimmunity.
Jarmila Prochazkova(1), Ivan Sterzl(2), Hana Kucerova(1), Jirina Bartova & Vera DM Stejskal(3)(4)
(1) The Institute of Dental Research 1st Medical Faculty Charles University and General University Hospital, Prague, CZECH REPUBLIC
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(3) MELISA MEDICA FOUNDATION, Stockholm, SWEDEN.
(4) Associate Professor of Immunology, University of Stockholm, SWEDEN

Methyl-B12: Myth, Masterpiece, Or Miracle?
Dr. Neubrander, www.drneubrander.com
23. MY THANKS

To all the sick people, to the sick people relatives, to all the people who daily have fought, fight and will fight again this disease.

Sorry if now I'll take it from so far away...
First of all thanks to my teachers from secondary school in Granarolo (BO), in particular Begnardi and Carbonaro: thanks to gave me the passion for studying.
Thanks to Aldini Valeriani Technical Institute (BO). In particular two name: Giometti and Guazzaloca: thanks for teaching with so much passion.
Then I'd like to thanks all the professors from engineer faculty of Bologna: Rudan, Baccarani, Barozzi, Calzolari, Filicori, Guerrieri, Benini. Finally Davide Bertozzi, thanks for believing in me! Thanks to all the people who helped me in Germany, in particular three names: Siebenborn, Bringmann, Rosenstiel. Thanks with my heart!

A particular thanks goes to Milena Gabanelli and her programme Report. Thanks to you in 2003 everything started. Thanks a lot!

Thanks to all my friends who, until few years ago, didn't know anything, thanks guys! Thanks with all of my heart! I love you!
A particular thanks goes to five great friends: Gianluca (www.biccari.com), Lisa, Tito (www.titocosta.com), Giampaolo (www.gdambra.com) ed Eleonora. Thanks!

A genuine thanks to Riccardo and Elena, for your totally availability to explain your story. Thanks with my heart!

Ilaria, congratulation for your marriage! A dear greetings to Vittorio, Grazie and Luca.
Maria you know that I love you so much, don't you?
Katia, dear sweety… When I think of you, no more words. I simply adore you!

All the people who have been working with me: thanks for your support. This is my truth! A particular thanks to Pes, Paniga, Russo, Farris, Bittelli, Barbacini, Bellini, Attanasi, Falco, Ferraro, Nannicini (www.stefanonannicini.com), Zorzi, Giovannini, Rizzo, Giovannucci, Ferrante, Aisa, Campedelli, Damiano and all the guys from Alstom Team (www.alstom.com).

A special thanks goes to all my uncles, aunts, cousins, from Sesto Imolese (BO), a really lovely town! Thanks so much!
I'd like to thanks my brother Simone and my parents: probably they didn't understand yet and maybe they won't ever understand... They stayed so bad, maybe worst than me. To their a sincere thanks!
Finally I'd like to dedicate this victory to some really unique people who have never met me. They have always been in my life and thanks to them I got lost in laugh and in music. Before with "Ambaradan" then with "Tutto Esaurito". You have never felt me alone even when I was alone. You are able to create a magic atmosphere made of songs, laughs and dreams!

Thanks to Betta Bettina! Thanks to Dj Liuzzi (alias Cicciopuzzo)! Thanks to Pizza! ... and ... Thanks to our captain! Thanks Marco Galli! I dedicate it to you!
We win captain Marco!

Tutto Esaurito è il mio programma preferitooo! A colazioooone!!!

Thanks to everybody for reading until here!
THANKS WITH MY HEART!
THANKS!

(I'm so happy that every time I read these lines, I laugh with tears in my eyes!!)
24. WHAT MY FRIENDS THINK OF ME

Here you can find what my friends think of me! (www.matteodallosso.org/eng/?p=23)
I know well that there is too much fear to be tricked, and I know that the fear is really high, above all about of who you don't know personally, but I'm sure of all I told and proved.

This book/blog is the only possible way to let you know my truth, which is blocked from too many interests and too much ignorance.

Therefore I invite all the people who know me and who have known me to leave a comment about me and a possible contact inside the “comment” box (email, Skype, AIM, MSN, and so on...).
Every your comment will be very important!!! We win!

Thanks guys!
24. WHAT MY FRIENDS THINK OF ME

Here you can find what my friends think of me! (www.matteodallosso.org/eng/?p=297)
I know well that there is too much fear to be tricked, and I know that the fear is really high, above
all about of who you don’t know personally, but I’m sure of all I told and proved.
This book/blog is the only possible way to let you know my truth, which is blocked from too
many interests and too much ignorance.
Therefore I invite all the people who know me and who have known me to leave a comment about
me and a possible contact inside the “comment” box (email, Skype, AIM, MSN, and so on...).
Every your comment will be very important!!! We win!
Thanks guys!

By Luca Giovannini on March 2, 2009 at 4:10 pm
Matteo’s story is incredible.
Incredible what he, alone, has had to learn to be able, and thus free, to decide how he wanted his disease to be treated.. a current matter indeed, nowadays.
Incredible the way most of the doctors he has encountered have dealt with him. Surely not helping nor informing him correctly (or at least completely), but even trying to intimidate him.
Anyway, the most incredible fact in Matteo’s story is the extraordinary recovery in his physical condition during last two years. Recovery from almost a semi-paralysis to the actual normality, that we who know him have “touched with hand”.
Well, Matteo, what I wish to you is that what you have passed, what you have learned and suffered in the last years is just the beginning of the story of yours. And if you are able to help with this book even only one person among those who are suffering your own pains, then your story will be really extraordinary and finally you will be able to exclaim “We won!”.
Luca

By Petr on March 10, 2009 at 12:57 pm
(Russian)
На этом сайте представлена история, написанная моим прияtetем Маттео Даль Оссо, о его борьбе с множественным склерозом. В итоге, он вышел из этой борьбы победителем и сейчас чувствует себя великолепно. Он подробно рассказывает о симптомах, лечении, врачах... Надеюсь, этот рассказ поможет кому-нибудь. К сожалению, автор не владеет русским языком и по его просьбе я делаю запись на своём родном языке.
С уважением,
Пetr

(English)
what I’ve written in Russian in few words: “This is a story of my friend whose name is Matteo Dall’Osso, about his fight against the disease and about how he has won it….. Unfortunately, he does not know Russian and this is a reason why I decided to post my comments in my native language”
Petr